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## The bilingual lexicon, back and forth: Electrophysiological signatures of translation asymmetry --Manuscript Draft--

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<b>Abstract:</b>	Mainstream theories of first- and second-language (L1, L2) processing in bilinguals are crucially informed by word translation research. A core finding is the translation asymmetry effect, typified by slower performance during forward translation (FT, from L1 into L2) than backward translation (BT, from L2 into L1). Yet, few studies have explored its neural bases and none has employed (de)synchronization measures, precluding the integration of bilingual memory models with novel neural (de)coupling accounts of word processing. Here, 27 proficient Spanish-English bilinguals engaged in FT and BT of single words as we obtained high-density EEG recordings to perform cluster-based oscillatory and non-linear functional connectivity analyses. Relative to BT, FT yielded slower responses, higher frontal theta (4-7 Hz) power in an early window (0-300 ms), reduced centro-posterior lower-beta (14-20 Hz) and centro-frontal upper-beta (21-30 Hz) power in a later window (300-600 ms), and lower fronto-parietal connectivity below 10 Hz in the early window. Also, the greater the behavioral difference between FT and BT, the greater the power of the early theta cluster for FT over BT. These results reveal key (de)coupling dynamics underlying translation asymmetry, offering frequency-specific constraints for leading models of bilingual lexical processing.
<b>Response to Reviewers:</b>	Manuscript number: NSC-21-0879 Article title: The bilingual lexicon, back and forth: Electrophysiological signatures of translation asymmetry Journal title: Neuroscience  Dear Prof Sanes,  I hope this message finds you well. I greatly appreciate your diligence in handling our submission. On behalf of my co-authors, I would also like to thank you and the reviewers for making such praiseful and useful comments on our work. Their recommendations have enabled us to produce a more compelling manuscript. Please find below a detailed response to the issues raised.  We look forward to the evaluation of this new version.

**The bilingual lexicon, back and forth:  
Electrophysiological signatures of translation asymmetry**

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**Abstract**

Mainstream theories of first- and second-language (L1, L2) processing in bilinguals are crucially informed by word translation research. A core finding is the translation asymmetry effect, typified by slower performance during forward translation (FT, from L1 into L2) than backward translation (BT, from L2 into L1). Yet, few studies have explored its neural bases and none has employed (de)synchronization measures, precluding the integration of bilingual

1 memory models with novel neural (de)coupling accounts of word processing. Here, 27  
2 proficient Spanish-English bilinguals engaged in FT and BT of single words as we obtained  
3 high-density EEG recordings to perform cluster-based oscillatory and non-linear functional  
4 connectivity analyses. Relative to BT, FT yielded slower responses, higher frontal theta (4-7  
5 Hz) power in an early window (0-300 ms), reduced centro-posterior lower-beta (14-20 Hz) and  
6 centro-frontal upper-beta (21-30 Hz) power in a later window (300-600 ms), and lower fronto-  
7 parietal connectivity below 10 Hz in the early window. Also, the greater the behavioral  
8 difference between FT and BT, the greater the power of the early theta cluster for FT over BT.  
9 These results reveal key (de)coupling dynamics underlying translation asymmetry, offering  
10 frequency-specific constraints for leading models of bilingual lexical processing.  
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20 **Keywords:** bilingualism, translation asymmetry, oscillations, functional connectivity, brain-  
21 behavior correlations.  
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## 27 INTRODUCTION

28 Bilingual memory research has thrived by studying varied interactions between first-language  
29 (L1) and second-language (L2) processes (French and Jacquet, 2004; Abutalebi and Green,  
30 2007). An influential finding is the translation asymmetry effect, typified by different cognitive  
31 demands for forward translation (FT, from L1 to L2) and backward translation (BT, from L2  
32 to L1) (Kroll et al., 1994; French and Jacquet, 2004; Kroll et al., 2010; Ibrahim et al., 2017).  
33 Numerous works have examined this phenomenon through behavioral methods (Kroll et al.,  
34 1994; Kroll et al., 2010; Poarch et al., 2015; Ibrahim et al., 2017), prompting classical (Kroll  
35 et al., 1994) and recent (Dijkstra et al., 2019) models of bilingual lexical processing.  
36 Conversely, few studies have incorporated neuroscientific approaches (García, 2013, 2019)  
37 and none has leveraged time-sensitive brain synchrony measures indexing other cognitive  
38 distinctions in bilingualism research (Grabner et al., 2007; Elmer and Kühnis, 2016; Vilas et  
39 al., 2019; Birba et al., 2020). Moreover, no single experiment has explored direct associations  
40 between behavioral and neural signatures of the effect. A divide thus exists between  
41 mainstream bilingual memory models and novel brain (de)coupling accounts of word  
42 processing. To bridge these gaps, we examined behavioral and neurophysiological (oscillatory  
43 and functional connectivity) markers of translation asymmetry and explored potential  
44 correlations between them.  
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1 The ability to translate between languages is a concomitant of bilingualism (Harris and  
2 Sherwood, 1978; Malakoff, 1992; García, 2019). Yet, underlying demands vary depending on  
3 language directionality. Typically, FT yields longer response times (RTs) than BT (Sánchez-  
4 Casas et al., 1992; Degroot et al., 1994; Kroll et al., 1994; De Groot and Poot, 1997; Cheung  
5 et al., 1998; Kroll et al., 2010; Poarch et al., 2015; Ibrahim et al., 2017). This translation  
6 asymmetry effect has molded the notion of weaker connections from L1 to L2 words than vice  
7 versa –a cornerstone of bilingual memory accounts, from the pioneering Revised Hierarchical  
8 Model (Kroll et al., 2010) to the contemporary Multilink model (Dijkstra et al., 2019). Limited  
9 studies show that FT and BT can be doubly dissociated following brain damage (García, 2013;  
10 García, 2015) and that the former elicits greater amplitude in attention-sensitive event-related  
11 potentials (Christoffels et al., 2013) as well as enhanced activation (Rinne et al., 2000;  
12 Tommola et al., 2000; Quaresima et al., 2002) and functional connectivity (Zheng et al., 2020)  
13 along temporal, parietal, and fronto-basal regions subserving lexico-semantic and cognitive  
14 control processes. Yet, such evidence fails to reveal whether and how translation asymmetry  
15 hinges on *neural (de)synchronization patterns* known to mediate fast-changing linguistic  
16 (Grabner et al., 2007; Kielar et al., 2014; Grady et al., 2015; Pérez et al., 2015; Elmer and  
17 Kühnis, 2016; García et al., 2016, 2020; Birba et al., 2020; Moguilner et al., 2021) and  
18 executive (Grundy et al., 2017a; Grundy et al., 2017b; Litcofsky and Van Hell, 2017)  
19 operations. This limits its integration with thriving trends in bilingualism research (Vilas et al.,  
20 2019; Birba et al., 2020; Sulpizio et al., 2020; Fan et al., 2021), while adding to the divide  
21 between psycholinguistic (Kroll et al., 1994; Dijkstra and Van Heuven, 1998; Dijkstra and Van  
22 Heuven, 2002) and neurocognitive (Abutalebi and Green, 2007; Kroll et al., 2013) models in  
23 the field.

24 This gap can be bridged with electroencephalographic (EEG) oscillatory and functional  
25 connectivity metrics, which capture ongoing neural dynamics that escape other techniques  
26 (Buzsáki and Draguhn, 2004; Buzsaki, 2006; Rubinov and Sporns, 2010, 2011; Friston, 2011;  
27 Mišić and Sporns, 2016). While oscillatory measures register transient (de)couplings between  
28 cortical cell assemblies (Buzsáki and Draguhn, 2004; Buzsaki, 2006), functional connectivity  
29 metrics capture statistical co-dependencies indexing segregated neural processing (Rubinov  
30 and Sporns, 2010; Friston, 2011). In particular, modulations of both measures in the theta,  
31 alpha, and beta bands seem sensitive to fine-grained effects during L1 and L2 processing  
32 (Weiss et al., 2005; Bastiaansen et al., 2010; Bialystok et al.; Kielar et al., 2014; Pérez et al.,  
33 2015; Elmer and Kühnis, 2016; Vilas et al., 2019; Birba et al., 2020), as seen even in studies  
34 that examined FT and BT separately (Grabner et al., 2007; Dottori et al., 2020). Indeed,

1 modulations in some such bands (viz., theta) correlate positively with word translation speed,  
2 suggesting a putative role during the task (Dottori et al., 2020). Thus, key multidimensional  
3 insights on translation asymmetry could be gained by examining its oscillatory and functional  
4 connectivity signatures in these frequency bands, and their correlation with the effect's  
5 behavioral manifestation. Such is the aim of the present study.  
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9 We asked proficient Spanish-English bilinguals to perform validated (Santilli et al.,  
10 2019; Dottori et al., 2020) FT and BT tasks (alongside L1 and L2 reading tasks for control  
11 purposes) as we obtained high-density EEG recordings for cluster-level oscillatory and non-  
12 linear functional connectivity analyses. We raised three hypotheses. First, we predicted that FT  
13 would elicit longer RTs than BT. Second, we hypothesized that FT and BT would yield  
14 differential oscillatory and functional connectivity patterns in the theta, alpha, and/or beta  
15 bands. Finally, we anticipated that such differential modulations would correlate with the  
16 effect's behavioral manifestation. Briefly, with this approach, we aimed to shed novel light on  
17 central phenomenon within bilingual memory research.  
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## 20 **EXPERIMENTAL PROCEDURES**

### 21 **Participants**

22 The sample comprised 27 right-handed participants (23 women), yielding adequate power for  
23 the proposed analyses (Supplementary material 1). Participants had a mean age of 33.46 ( $SD =$   
24 11.70), normal or corrected-to-normal vision, and no history of neurological or psychiatric  
25 disease. All were native speakers of Spanish (L1) with high proficiency in English (L2). Their  
26 age of initial L2 exposure ranged from 0 to 13 (mean = 7.88;  $SD = 3.24$ ). Self-ratings on a scale  
27 from 1 (complete inability) to 7 (strong ability) revealed high and similar levels of competence  
28 for L1 (6.73,  $SD = 0.45$ ) and L2 (6.38,  $SD = 0.57$ ), as well as BT (5.50,  $SD = 0.95$ ) and FT  
29 (5.04;  $SD = 0.89$ ). All participants signed an informed consent, and all experimental protocols  
30 were performed in accordance with the Declaration of Helsinki. This study was approved by  
31 the institutional ethics committee.  
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### 49 **Experimental protocol**

50 We employed a previously reported task (García et al., 2014; Santilli et al., 2019), involving  
51 four conditions: forward translation (FT, from L1 to L2), backward translation (BT, from L2  
52 to L1), L1 reading (L1R), L2 reading (L2R) –Figure 1A. Our focus was on the translation tasks,  
53 which can directly capture the asymmetry effect. The reading tasks were included to test for  
54 potential differences in more basic single-language processes that are comprised within  
55 translation acts (e.g., written word perception and comprehension, spoken word production)  
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1 but do not presume interlingual reformulation –namely, the distinguishing feature of  
2 translation.

3 The stimulus set comprised 384 nouns, half in each language, grouped into three blocks  
4 of 64 items per language. Each block had the same number ( $n = 16$ ) of concrete cognates (e.g.,  
5 *roca, rock*), abstract cognates (e.g., *comedia, comedy*), concrete noncognates (e.g., *mesa,*  
6 *table*), and abstract non-cognates (e.g., *castigo, punishment*). The Spanish and English blocks  
7 were matched for frequency ranking ( $p = .97$ ) and syllabic length ( $p = .99$ ), and blocks within  
8 each language were additionally matched for frequency (Spanish:  $p = .95$ ; English:  $p = .98$ ) –  
9 data for these variables were extracted from (Davies, 2002, 2010).

10 Translation tasks were based on two Spanish blocks (for FT) and two English blocks  
11 (for BT). To avoid translation priming effects, none of the items in the FT block had an  
12 equivalent in the corresponding BT block. Also, half of the sample performed the BT task with  
13 one English block and the other half did so with the other English block (and the same was true  
14 of the use of the Spanish blocks for the FT task). The reading tasks were based on the two  
15 remaining blocks (in Spanish for L1R and in English for L2R). None of these items were  
16 translation equivalents of each another. To avoid order-related biases, the four tasks were  
17 counterbalanced across participants.

18 In all tasks, each trial began with a fixation cross (visible during a random period of  
19 100 to 300 ms). Then, a target word appeared centered on the screen for about 200 ms in white  
20 letters (font: Times New Roman; size: 70 pt), against a black background. In the reading tasks,  
21 participants were asked to read out loud the words on the screen as quickly and accurately as  
22 possible. In the translation tasks, they had to translate the given words, also as quickly and  
23 accurately as possible. Before that, participants were instructed to press a key when they felt  
24 ready to give their response. This action served both to record RTs and to cue the following  
25 trial. This procedure has been recommended as an alternative to voice-based measures, given  
26 the impact of phonological discrepancies across lists on articulation onset (García et al., 2014;  
27 Santilli et al., 2019; Dottori et al., 2020).

28 Overall, the protocol lasted roughly 30 minutes. All tasks were implemented in Python  
29 ([www.python.org](http://www.python.org)) with the Pygame development library ([www.pygame.org](http://www.pygame.org)). The same  
30 computer program was used to record the RTs in every trial.

## 31 Behavioral data analysis

1 Behavioral data was analyzed following reported procedures for the same task (Dottori et al.,  
2 2020). First, we calculated mean accuracy, for each subject, as the proportion of correct trials  
3 in each condition separately. Trials were considered invalid if the participant: (i) failed to  
4 respond, (ii) committed a false start, (iii) uttered a wrong word, (iv) performed the wrong task  
5 (reading a stimulus in the translation tasks or vice versa, or, (v) provided either a wrong or non-  
6 predefined translation.<sup>1</sup> Accuracy was judged by two separate examiners on a trial-by-trial  
7 basis, and the few cases of disagreement were settled by a third examiner. We then calculated  
8 mean RT values, considering only trials with correct answers, and excluding those with  
9 latencies above 2000 ms, and more than 3 standard deviations apart from the whole group's  
10 mean. The number of rejected trials did not differ significantly between FT and BT or between  
11 L2R and L1R (Supplementary material 2, Table S1).

12 To analyze accuracy and RT data, we implemented two separate 2x2 fixed-effects  
13 repeated measures ANOVAs, with task (reading and translation) and stimulus language (L1  
14 and L2) as fixed factors. Interaction effects were analyzed via Tukey post-hoc tests (Abdi and  
15 Williams, 2010). Alpha levels were set to .05. Effect sizes were calculated with partial eta  
16 squared ( $\eta_p^2$ ) for main and interaction effects, and Cohen's *d* for post-hoc pairwise  
17 comparisons. These analyses were performed with JASP, v 0.10.2.0 (Love et al., 2019).

### 18 **EEG acquisition and preprocessing**

19 EEG acquisition and preprocessing steps replicated previous reports with the same tasks  
20 (Dottori et al., 2020). EEG recordings were obtained through a Biosemi Active-two 128-  
21 channel system with pre-amplified sensors and a DC coupling amplifier. Originally, signals  
22 were sampled at 1024 Hz, later downsampled to 512 Hz, and finally referenced to the average  
23 of all channels. Following previous studies (Christoffels et al., 2013; Kielar et al., 2014; Vilas  
24 et al., 2019), EEG data was band-pass filtered between 0.5 and 45 Hz. Epochs were defined  
25 within a time window extending from -0.3 to 1s relative to stimulus onset. Invalid trials were  
26 excluded from further analysis. In line with reported procedures, artifacts, such as eye  
27 movements and blinks, were corrected using independent component analysis (Vilas et al.,  
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55 <sup>1</sup> This exclusion criterion, also applied in previous analyses of the same task (Santilli et al., 2019; Dottori et  
56 al., 2020), does not suggest that one translation of a particular word is more accurate than another. Rather, it  
57 imposes a methodological constraint with the aim to ensure that cognate and non-cognate stimulus are  
58 actually processed as such. For example, the word *fury* could be translated as *furia*, *ira*, *rabia* or *enojo*.  
59 Nevertheless, *fury* has been tagged as an abstract cognate in our stimulus blocks, and, hence, only its  
60 translation as *furia* (i.e., an abstract cognate) was empirically relevant to the present study.

2019; Birba et al., 2020; Dottori et al., 2020). Remaining artifacts were rejected through visual inspection, and noisy channels were interpolated (Birba et al., 2020; García et al., 2020).

## Frequency analysis

Spectral analyses were performed via the Fast Fourier Transform with a Hanning taper of 250 ms, using Fieldtrip (Maris and Oostenveld, 2007). Mean trial event-related power synchronization was calculated per subject for each condition. Spectral power within each trial was baseline-normalized and converted to decibels (dB).

We targeted the frequency bands considered in a previous EEG study of word translation: theta (4-7 Hz), alpha (8-13 Hz), lower-beta (14-20 Hz), and upper-beta (21-30 Hz) (Dottori et al., 2020). For each band, as in such study (Dottori et al., 2020), we considered the power elicited in two windows capturing early (0-300 ms) and later (300-600 ms) lexico-semantic processes (Hald et al., 2006; Grabner et al., 2007; Willems et al., 2008; Vilas et al., 2019). For every combination of frequency band and time window, we calculated the mean power for every subject and performed statistical comparisons between FT and BT (to capture power signatures of the translation asymmetry effect) and between L2R and L1R (to rule out potential differences in relevant single-language processes).

Following reported procedures (Vilas et al., 2019; Dottori et al., 2020), we used a cluster-based statistical analysis (Maris and Oostenveld, 2007) to examine differences between experimental conditions in each combination of frequency band and time window. In this approach, signals are averaged in each time window (early and later) and frequency band. This yields one power value per electrode per subject in each experimental condition. Statistical comparisons are performed across participants to identify electrodes that exhibit significant differences between conditions via two-tailed  $t$ -tests at  $p_{\text{elec}} < .05$ . Those electrodes are, then, grouped in clusters based on their Euclidean distance. For every cluster observed in the data, a permutation test is performed to generate a histogram of relevant cluster-level statistics (here, the largest sum of the  $t$ -values of all electrodes forming the clusters observed in each permutation). The  $p$ -value of each cluster is estimated as the proportion of permutations that yielded cluster-level statistics greater than that of the corresponding cluster. Clusters with a  $p_{\text{clus}} < .05$  are considered significant. For plotting purposes, we generated a binary mask based on the electrodes forming the significant clusters and applied it to the topographic plot corresponding to the power average across participants, for the combination of time window and frequency band associated with the specific cluster. This non-parametric method circumvents the multiple comparisons problem without the need to previously define



1 topographical regions of interest (ROIs) comprising particular sets of electrodes (Maris and  
2 Oostenveld, 2007). As in previous works (Dottori et al., 2020), 5000 permutations were  
3 implemented to generate the histograms of the cluster-level statistics.  
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5 Each cluster's  $p$ -value was calculated as the proportion of random partitions that  
6 generated a cluster-level statistic more extreme than the sum of  $t$ -values in the observed  
7 clusters. Clusters were considered significant if they had a value of  $p_{clus} < .05$ . To reject smaller,  
8 less significant clusters, as in previous reports of the same task (Dottori et al., 2020), we only  
9 considered those comprising more than five electrodes.  
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### 16 **Functional connectivity analysis**

17 Functional connectivity was quantified through weighted Symbolic Mutual Information  
18 (wSMI) (King et al., 2013), a metric that captures non-linear coupling during lexico-semantic  
19 processes in different populations (Hesse et al., 2019; García et al., 2020), including bilinguals  
20 (Birba et al., 2020). This method provides a measure of information sharing between two  
21 signals over a time interval (King et al., 2013). To this end, the signals are first transformed  
22 into a set of discrete symbols, consisting of  $k$  points, separated by a fixed time interval  $\tau$ . Then,  
23 the entropy of each transformed signal is calculated, as well as their joint entropy. These values  
24 are then used to obtain the mutual information coefficient for every pair of signals (i.e., signals  
25 registered at any pair of electrodes). After that, binary weights are used to discard pairs of  
26 symbols that are likely to arise from common source artifacts (such as blink artifacts or volume  
27 conduction). We set the values of  $k$  to 3 and  $\tau$  to 16 ms, following procedures from previous  
28 single-word processing experiments (Hesse et al., 2019; García et al., 2020). This value of  $\tau$  is  
29 sensitized to frequencies lower than 10 Hz, a range associated with lexico-semantic processes  
30 in bilinguals (Pérez et al., 2015; Vilas et al., 2019), including word translation (Grabner et al.,  
31 2007; Dottori et al., 2020). As for power analyses, we considered the wSMI patterns elicited in  
32 an early (0-300 ms) and a later (300-600 ms) time window. A detailed description of wSMI  
33 can be found in previous work (King et al., 2013).  
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49 As for frequency analyses, cluster-based statistics were performed on the wSMI  
50 topographical results. We ran a permutation test on the wSMI coefficient matrices obtained for  
51 each subject in each condition, to obtain clusters of connections based on neighboring criteria  
52 (measured through Euclidean distance). Two connections were considered neighbors if both of  
53 the electrodes in one connection were neighbors of the electrodes in the other connection. As  
54 cluster-level statistics, we used the largest sum of the  $t$ -values of all the connections forming  
55 the clusters observed in each permutation. To define connections that are candidates to form  
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1 significant clusters we performed two-tailed  $t$ -tests at  $p_{con} < .05$ . Significant clusters were then  
2 established at  $p_{clus} < .05$ . This cluster-based approach to whole-scalp connectivity solves the  
3 multiple comparisons problem and captures robust effects during language processing across  
4 varied populations, including bilinguals (Birba et al., 2020; Birba, 2021), circumventing the  
5 potential biases of estimating average connectivity between pre-defined ROIs (Dottori et al.,  
6 2017). As in previous research (Birba et al., 2020), the  $p$ -value of each cluster was estimated  
7 as the proportion of 2,000 random permutation of the wSMI matrices that yielded a cluster-  
8 level statistic greater than the sum of  $t$ -values of the corresponding cluster in the observed data.  
9 As for spectral power analyses, statistical comparisons were performed between FT and BT (to  
10 capture power signatures of the translation asymmetry effect) and between L2R and L1R (to  
11 rule out potential differences in relevant single-language processes).  
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### 21 **Correlation between behavioral and electrophysiological measures**

22 In line with reported approaches of the same tasks (Dottori et al., 2020), we performed  
23 correlations between mean RT and electrophysiological signatures (spectral power and  
24 connectivity) of each comparison yielding significant differences between conditions. Given  
25 that data were normally distributed (see below), we used Pearson's coefficient. As in previous  
26 reports of the same tasks (Dottori et al., 2020), correlations were considered significant if they  
27 yielded a  $p < .05$  after an FDR correction for comparisons between frequency bands and time  
28 windows (Benjamini and Hochberg, 1995).  
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## 38 **RESULTS**

### 39 **Behavioral results**

40 Accuracy results (Table 1) revealed a main effect of task [ $F_{1,26} = 135.92$ ;  $p < .001$ ;  $\eta_p^2 = 0.84$ ],  
41 with better performance on reading (98.85%) than translation (86.7%). The main effect of  
42 language was non-significant [ $F_{1,26} = 1.09$ ;  $p = .31$ ;  $\eta_p^2 = 0.04$ ], and so was the interaction  
43 between task and language [ $F_{1,26} = 0.02$ ;  $p = .88$ ;  $\eta_p^2 < .001$ ]. For details, see Supplementary  
44 material 2, Table S2.  
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51 RT results (Table 1, Figure 1B) showed a main effect of task [ $F_{1,26} = 96.30$ ;  $p < .001$ ;  
52  $\eta_p^2 = 0.87$ ], with slower performance for translation (635.41) than reading (376.02 ms). The  
53 main effect of language was not significant [ $F_{1,26} = 3.39$ ;  $p = .08$ ;  $\eta_p^2 = 0.12$ ]. However, a  
54 significant interaction emerged between task and language [ $F_{1,26} = 28.09$ ;  $p < .001$ ;  $\eta_p^2 = 0.62$ ].  
55 Post-hoc contrasts, corrected for multiple comparisons via Tukey's HSD test, showed that FT  
56 was significantly slower than any other task, BT was slower than any reading task, and L2R  
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was slower than L1R (all  $p$ -values  $< .05$ ). For details, see Supplementary material 2, tables S3 and S4.

Accuracy and RT results were replicated upon running linear mixed-effects models, considering task and language as fixed effects, and subject as random effect. For details, see Supplementary material 3 (tables S5, S6, and S7).

**Table 1.** Descriptive statistics for accuracy and RT results.

Task	Mean accuracy ( <i>SD</i> )	Mean RT ( <i>SD</i> )
FT	0.87 (0.06)	651.63 (148.47)
BT	0.87 (0.06)	619.19 (160.3)
L1R	0.99 (0.01)	409.02 (94.10)
L2R	0.99 (0.02)	343.03 (58.74)

Data presented as mean (*SD*). FT: forward translation (from L1 to L2), BT: backward translation (from L2 to L1), L2R: L2 (non-native language) reading, L1R: L1 (native language) reading. RT: response time.

### Time-frequency results

While both translation tasks showed desynchronization relative to baseline activity, time-frequency analysis showed a significant ( $p_{elec} < .05$ ;  $p_{clus} < .05$ ) asymmetry effect (Figure 1C). Relative to BT, FT elicited higher power in the early time window (0-300 ms) in the theta band (4-7 Hz) over a centro-frontal cluster ( $p_{clus} = .01$ ) and lower power in the later time window (300-600 ms) in the beta frequency range, over a left centro-posterior cluster in the lower-beta range (14-20 Hz) ( $p_{clus} = .02$ ) and a centro-frontal cluster in the upper-beta range (21-30 Hz) ( $p_{clus} = .01$ ). No significant cluster was observed in the comparison between L1R and L2R for any combination of frequency band and time window.

### Functional connectivity results

FT involved lower wSMI connectivity than BT in the early window (0-300 ms) over a distributed cluster spanning left frontal and right parietal electrodes ( $p_{con} < .05$ ;  $p_{clus} = .046$ ) – Figure 1D. No significant differences were observed between these tasks in the later window (300-600 ms). No significant differences were observed between L1R and L2R in either window.

## Correlation results

To examine associations between behavioral and neurophysiological signatures of the translation asymmetry effect, we correlated the mean RT difference between FT and BT with the same subtraction over significant power and connectivity clusters. We used Pearson's correlations given that data was normally distributed (RT: Shapiro Wilk's test,  $p = .25$ ; power: Shapiro Wilk's test,  $p = .58$ ; functional connectivity: Shapiro Wilk's test,  $p = .12$ ). For power analyses, a significant positive correlation was observed between RT and the theta-band cluster ( $\rho = 0.46$ ,  $p = .03$ ), but not for the lower-beta ( $\rho = -0.36$ ;  $p = .09$ ) or the upper-beta ( $\rho = 0.14$ ;  $p = .49$ ) clusters. For functional connectivity analyses, the correlation between RT and wSMI over the significant fronto-parietal cluster was also non-significant ( $\rho = 0.24$ ;  $p = .23$ ). See Figure 1E.

[INSERT FIGURE 1 HERE]

## DISCUSSION

This study examined behavioral and neurophysiological signatures of translation asymmetry. Relative to BT, FT was characterized by slower RTs, differential (de)synchronization patterns in the theta and beta bands, and lower functional connectivity in frequencies below 10 Hz. Moreover, the RT difference between translation directions correlated with its spectral power signatures in the theta band. These findings afford new neural constraints for mainstream models of bilingual memory.

RT results showed that FT was slower than every other condition, crucially including BT. This replicates previous reports targeting the same language pair (Sánchez-Casas et al., 1992; Francis et al., 2014; García, 2019) as well as others, such as English-German (Kroll et al., 1994), Russian-English (Ibrahim et al., 2017), Dutch-English (Degroot et al., 1994; De Groot and Poot, 1997; Poarch et al., 2015), and Chinese-English (Cheung et al., 1998). Interestingly, our results came from a highly proficient bilingual group, which might seem surprising considering claims that translation asymmetry attenuates as L2 competence increases (McElree et al., 2000; Christoffels et al., 2006; García et al., 2014). However, slower performance in FT than BT has been reported in high-proficiency bilinguals and even in professional simultaneous interpreters (Santilli et al., 2019). Together with these findings, our

1 study suggests that, at least under certain circumstances, the translation asymmetry effect is  
2 pervasive enough to emerge even in persons with elevated L2 skills.

3 This was corroborated by oscillatory measures. Compared with BT, FT yielded greater  
4 fronto-central theta power in an early (0-300 ms) window. Power increases in the theta band  
5 have been shown to index greater lexico-semantic demands, including word retrieval and  
6 monitoring functions (Bastiaansen et al., 2005; Hald et al., 2006; Davidson and Indefrey, 2007;  
7 Kielar et al., 2014). More particularly, such modulations have also been linked to increased  
8 difficulty during translation, as theta power proved greater for low- vs. high-frequency source  
9 words, suggesting more elaborate lexical search operations (Grabner et al., 2007). Our results  
10 indicate that theta-band synchronization may also constitute a signature of the translation  
11 asymmetry effect, arguably reflecting higher lexical access and search demands for FT than  
12 BT. Of note, a previous study (Dottori et al., 2020) found that professional interpreters  
13 exhibited *lower* theta synchrony than non-interpreters during translation tasks. This further  
14 highlights the crucial role of theta modulations during word translation, suggesting that their  
15 synchronization and desynchronization might differentially index task- and expertise-related  
16 effects, respectively.

17 FT also elicited less spectral power than BT over the low- and high-beta bands in a late  
18 window (300-600 ms), across centro-posterior and centro-frontal electrodes, respectively. Beta  
19 desynchronization has been associated with the processing of semantically complex (open-  
20 class) vis-à-vis semantically simpler (closed-class) words (Bastiaansen et al., 2005), and with  
21 the processing of semantic violations –an affect attributed to heightened attentional demands  
22 during linguistic processing (Kielar et al., 2014). The beta-band signatures observed here might  
23 also reflect attentional demands for FT. Indeed, previous research has revealed greater P200  
24 modulations (a core signature of attentional allocation) for FT than BT (Christoffels et al.,  
25 2013). Moreover, beta desynchronization has been linked to word translation proper,  
26 specifically in a late (> 400-ms) window (Grabner et al., 2007). In line with this antecedent,  
27 our combined theta- and beta-band results suggest that translation asymmetry is indexed by  
28 distinct coupling and decoupling dynamics over specific frequency bands as underlying  
29 processes unfold in time.

30 In the same vein, functional connectivity results revealed lower wSMI values for FT  
31 than BT. This pattern was observed in an early window (0-300 ms), over left frontal and right  
32 parietal electrodes, for frequencies below 10 Hz. Previously reported wSMI signatures of FT  
33 relative to BT (including reduced intracranial connectivity across temporal, frontal, and  
34 prefrontal areas) have been linked to greater attentional demands for the former direction

1 (García et al., 2016). Similar conclusions stem from fMRI connectivity results (lower tempo-  
2 thalamic and higher fronto-temporo-parietal connectivity for FT compared with BT),  
3 indicating reduced reliance on automatic relay mechanisms and a greater interplay of  
4 attentional and lexico-semantic processes (Zheng et al., 2020). Compatibly, our results  
5 reinforce the view that translation asymmetry may be characterized by distinct *integration*  
6 efforts across linguistic and executive systems. Moreover, they indicate that the neural basis of  
7 this effect involves not only transient (oscillatory) (de)coupling dynamics, but also coordinated  
8 activity patterns across segregated neural locations.  
9

10 At least some of these electrophysiological effects seem directly related to the outward  
11 manifestation of translation asymmetry. The mean RT difference between translation tasks  
12 positively correlated with the corresponding early theta power difference. To our knowledge,  
13 this is the first demonstration of an association between behavioral and neural signatures of the  
14 effect. Notably, this correlation was selective for theta band modulations, which have already  
15 been associated with RT measures during BT and FT tasks separately (Dottori et al., 2020).  
16 These results further highlight the crucial role of theta oscillations as a critical marker of word  
17 translation efficiency, in general, and its sensitivity to directionality, in particular.  
18

19 Our findings carry theoretical implications. Previous neuroscientific evidence on  
20 translation asymmetry was restricted to hemodynamic patterns (Klein et al., 1995; Rinne et al.,  
21 2000; Tommola et al., 2000) and event-related potentials (Christoffels et al., 2013). The present  
22 study indicates that this effect is also related to (de)synchronization patterns that capture  
23 topographically sparse modulations. Moreover, all the observed EEG patterns emerged in the  
24 absence of differences between reading tasks. Thus, the reported neural signatures of  
25 translation asymmetry were likely not primarily driven by more basic processes implied by  
26 word translation (e.g., single-word reading and production), but rather by translation-specific  
27 dynamics –arguably, those involved in cross-linguistic operations proper. In this sense, they  
28 may reflect the stage mediating source-item input and target-item output –a critical phase  
29 captured in diverse models of interlingual reformulation (Seleskovitch, 1968; Seleskovitch and  
30 Lederer, 1984; Bell and Candlin, 1991; Marianne, 1994; García, 2019).  
31

32 More generally, our study bridges the gap between psycholinguistic and neuroscientific  
33 conceptualizations of translation asymmetry. Pioneering and recent accounts, such as the  
34 Revised Hierarchical Model (Kroll et al., 1994) and Multilink (Dijkstra et al., 2019), were  
35 forged exclusively on behavioral data, leading to explanations based on differential  
36 “connection strengths” between lexical and conceptual systems, without any biological  
37 grounding. On the other hand, classical studies (Rinne et al., 2000; Tommola et al., 2000;  
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1 Quaresima et al., 2002) and different models (Fabbro, 1999; García, 2019) of neural  
2 dissociations between FT and BT failed to consider RTs or temporally precise brain metrics,  
3 limiting the interpretability of results. Our combined findings capture the multidimensional  
4 nature of the effect and the interplay among its signatures, inviting integrative  
5 reconceptualizations of a distinguishing trait of bilingualism.  
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9 Our study is not without limitations. First, although our sample was large enough to  
10 reach adequate effect sizes and surpassed those of other studies (Grabner et al., 2007; Kielar et  
11 al., 2014; Elmer and Kühnis, 2016), more robust results could be obtained with more  
12 participants. Second, participants were predominantly female. Although diverse  
13 (neuro)linguistic effects prove similar between with (Ibrahim et al., 2017) and without such an  
14 imbalance (Aravena et al., 2010; Poarch et al., 2015), and even though systematic reviews  
15 (Wallentin, 2009) and meta-analyses (Sato, 2020) reveal little to no sex-related effects during  
16 language processing, future studies should replicate our work with better balanced samples.  
17 Third, all frequency and functional connectivity analyses were performed over previously  
18 defined time windows, following previous neurolinguistic studies (Hald et al., 2006; Grabner  
19 et al., 2007; Willems et al., 2008; Vilas et al., 2019). Moreover, the frequency ranges for which  
20 these analyses were sensitized were also determined *a priori*, based on previously reported  
21 procedures (Hesse et al., 2019; Dottori et al., 2020; García et al., 2020). While this approach  
22 favors comparability with relevant works, it would be interesting to test whether similar results  
23 emerge from data-driven approaches. Fourth, other functional connectivity measures could be  
24 used to test the specificity of our wSMI results. Finally, replications would also be desirable  
25 across different language pairs and even considering subgroups with different levels of L2  
26 competence, ages of L2 appropriation, or formal translation training.  
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29  
30 In conclusion, we showed that translation asymmetry is underpinned by fast-changing  
31 oscillatory and functional connectivity signatures, with theta decoupling emerging as a direct  
32 correlate of RT outcomes. The differential routes posited for FT and BT in mainstream  
33 bilingual memory models thus seem critically subserved by highly specific neural  
34 (de)synchronization patterns. By integrating multidimensional measures of the effect and  
35 capturing direct associations between them, our study paves the way for more comprehensive  
36 accounts of a key feature of bilingual lexical processing.  
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## GLOSSARY

- BT: backward translation (from L2 to L1).
- EEG: electroencephalography (a research technique capturing neurophysiological changes associated with specific cognitive processes).
- fMRI: functional magnetic resonance imaging (a neuroimaging technique revealing hemodynamic changes associated with particular cognitive processes).
- FT: forward translation (from L1 to L2).
- Functional connectivity: linear or nonlinear covariations between brain activity fluctuations in different recording sites.
- L1: native language.
- L1R: reading in L1.
- L2: non-native language.
- L2R: reading in L2.
- RT: response time.
- Translation asymmetry effect: the detection of different cognitive demands for FT and BT, typically manifested as lower accuracy and/or longer RT for the former task.
- wSMI: weighted Symbolic Mutual Information (a non-linear functional connectivity metric).

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1 does not represent the official views of the National Institutes of Health, Alzheimer's  
2 Association, Rainwater Charitable Foundation, or Global Brain Health Institute.  
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6 **DECLARATION OF INTEREST**  
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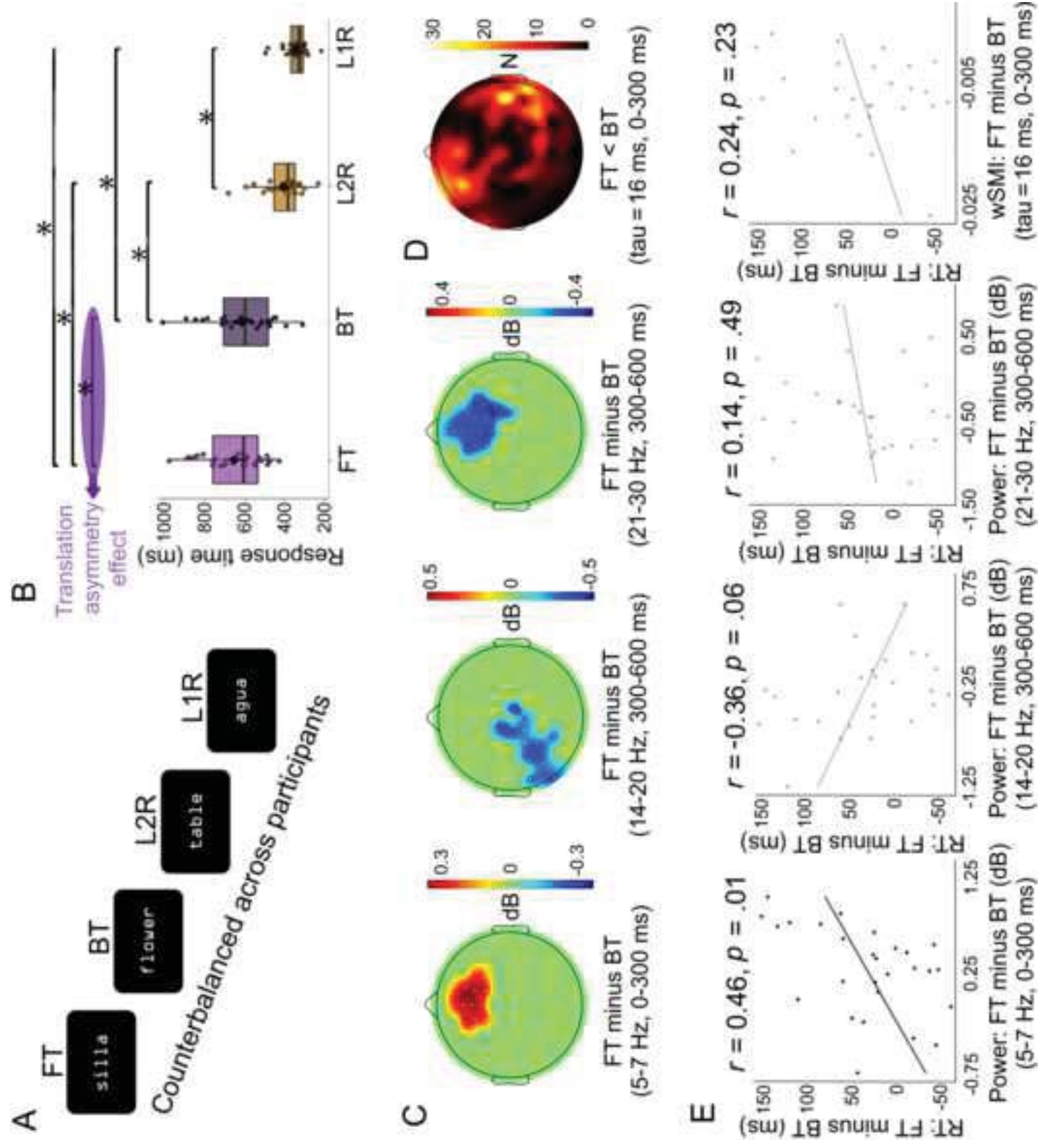
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**Figure caption**

**Figure 1.** Experimental conditions and results. **A.** The experiment comprised four counterbalanced blocks of 64 stimuli, two in L1 (for the FT and L1R tasks) and two in L2 (for the BT and the L2R tasks). **B.** Response times for each experimental condition. FT was slower than every other condition, crucially including BT. The asterisk (\*) indicates significant differences. **C.** Clusters yielding significantly different power between conditions. Compared to BT, FT elicited greater theta power in an early window (0-300 ms) and reduced lower-beta and upper-beta power in a late time window (300-600 ms). Each plot shows the mean difference in power (baseline-normalized and converted to dB) between the corresponding experimental conditions. **D.** Cluster yielding significantly different connectivity between conditions. FT yielded lower wSMI values than BT in an early window, in frequencies below 10 Hz. The colorbar indicates the number of connections between (a) electrodes in the cluster and (b) every other electrode in the scalp. **E.** Scatterplots of the associations between the mean power difference (first three insets) and mean wSMI difference (fourth inset) of significant clusters and the corresponding mean response time difference between FT and BT. A significant correlation was found only for the early theta cluster. Every other association was non-significant. BT: backward translation; FT: forward translation; L1R: native-language reading; L2R: foreign-language reading. RT: response time; dB: decibels.

## Supplementary material

### 1. Power estimation

Using G\*Power 3.1 (Faul, 2007), we estimated power for a repeated measures ANOVA, with  $p = .05$ ,  $\eta_p^2 = 0.13$  –based on previous results from the same task (Dottori et al., 2020)–, and power = 0.95. Results indicated that a total sample size of 16 was enough to reach the estimated effects. Our actual sample size ( $n = 27$ ) reaches a power of .99.

### 2. Supplementary ANOVA results

**Table S1.** Comparison of rejected trials per condition for response time analyses.

Effect	<i>F</i>	<i>p</i> -value*	$\eta_p^2$
Task	43.08	< .001	0.62
Language	1.82	.19	0.07
Task*Language	0.73	.40	0.03

\**p*-values calculated with a 2x2 repeated measures ANOVA.

**Table S2.** Accuracy results based on a repeated measures ANOVA.

Effect	<i>F</i>	<i>p</i> -value*	$\eta_p^2$
Task	135.92	< .001	0.84
Language	1.09	.31	0.04
Task*Language	0.02	.88	< 0.001

\**p*-values calculated with a 2x2 repeated measures ANOVA.

**Table S3.** Response time results based on a repeated measures ANOVA.

Effect	<i>F</i>	<i>p</i> -value*	$\eta_p^2$
Task	165.10	< .001	0.86
Language	3.39	.08	0.12
Task*Language	42.79	< .001	0.62

\**p*-values calculated with a 2x2 repeated measures ANOVA.

**Table S4.** Post-hoc analyses of response time results.

Pairwise contrast	<i>t</i> -statistic	<i>p</i> <sub>Tukey</sub>	Cohen's <i>d</i>	
FT	L1R	14.33	< .001	2.49
	L2R	10.95	< .001	2.76
	BT	2.75	.04	0.52
BT	L1R	12.47	< .001	2.02
	L2R	9.76	< .001	2.13
L2R	L1R	5.59	< .001	1.08

### 3. Supplementary linear mixed effect model results

**Table S5.** Accuracy results in a linear mixed-effects model.

Effect	F	p-value*
Task	131.35	< .001
Language	1.08	.30
Task*Language	0.03	.86

\*p-values calculated with a linear mixed-effects model.

**Table S6.** Response time results in a linear mixed-effects model.

Effect	F	p-value*
Task	165.09	< .001
Language	3.29	.08
Task*Language	44.85	< .001

\*p-values calculated with a linear mixed-effects model.

**Table S7.** Pairwise comparisons of RT data in a linear mixed-effects model.

Pairwise contrast	t-statistic	p <sub>Tukey</sub>
FT	L1R	14.36
	L2R	14.24
	BT	2.75
BT	L1R	10.47
	L2R	9.78
L2R	L1R	5.59

### Supplementary references

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### **Ethical statement**

All participants signed an informed consent, and all experimental protocols were performed in accordance with the Declaration of Helsinki. This study was approved by the institutional ethics committee.