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# 9 Eating local and in-season fruits and 10 vegetables: Carbon-water-employment 11 trade-offs and synergies

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## 21 **Abstract**

22 What would the effect on the employment and environmental footprint be if Spanish  
23 households substituted imported fresh fruits and vegetables with local production? Are  
24 the impacts similar over the entire year? Is it possible to find a general pattern that  
25 allows for straightforward household consumption decisions promoting sustainability?  
26 In this paper, we answer these questions using an innovative concept, the seasonal  
27 avoided footprint by imports (SAFM), to understand the interactions among carbon  
28 emissions, scarce water use, and employment linked to imports and domestic  
29 production.

30 Our study shows that decisions regarding local and seasonal consumption of fruits and  
31 vegetables by citizens in rich regions of the global economy, such as Spain, can lead to  
32 a conflict of objectives between the environment and social development in poor  
33 regions. The inter-country trade of fruits and vegetables generates relevant negative  
34 environmental hotspots, as the imports from developing countries are often more  
35 carbon- and water-intensive. However, the substitution of imports by local production  
36 implies vast job losses in these developing countries.

37 Therefore, we suggest the implementation of certification systems that jointly consider  
38 the appropriate levels of social, economic, and environmental development and provide  
39 a useful guide for consumer decisions that reinforce social and environmental synergies.

40 **Keywords**

41 Seasonal avoided footprint by imports; Food-Energy-Water Nexus; Environment-  
42 Employment trade-off; Multiregional input-output model

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45           **1. Introduction**

46       The agricultural sector is of particular relevance to human welfare, as it provides living  
47       means for most of the poor households in the world and represents the backbone of the  
48       fight against famine (FAO, 2018). In the last 20 years, agriculture in developing countries  
49       has had to adapt to the rising globalisation of production (MacDonald et al., 2015), which  
50       has generated global food crises at times due to spiking agricultural prices (Berazneva  
51       and Lee, 2013). These phenomena have allowed only a few developing countries to  
52       implement efficient land use practices (Lambin and Meyfroidt, 2011).

53       Nevertheless, the environmental impacts in terms of water, energy, or other inputs, can  
54       vary by as much as 50 times among producers for the same type of food and can thus  
55       provide effective options for mitigation along global production chains (Poore and  
56       Nemecek, 2018). Food, energy, and water (FEW) are the basic needs for which the  
57       demand is increasing, and challenges to satisfy them arise in an interrelated manner, as  
58       have been studied notably since the work of Hoff (2011). They are closely linked to  
59       emissions and climate, as discussed in this paper, and have been explicitly stated, e.g., in  
60       the World Economic Forum (WEF, 2011). Progress has been made in recognising these  
61       needs and new approaches are being developed to manage their scarcity (Conway et al.,  
62       2015; Liu et al., 2017; Schyns et al., 2019). It has been highlighted that successfully facing  
63       these challenges is more likely if a transdisciplinary approach is used, e.g., focusing on  
64       how sustainable supply chains influence the FEW nexus from a commerce and industry  
65       perspective (Bergendahl et al., 2018) and how research should be conducted by using a  
66       "web" (rather than a "linear tree") model that addresses interdisciplinary complexity (Liu  
67       et al., 2019).

68       Sustainable Development Goals (SDGs) have become the reference to achieve economic,  
69       social, and environmental sustainability in the least-favoured regions of our planet  
70       (United Nations, 2015). These conflicts have sometimes been neglected, as the indexes  
71       included in the SDGs do not consider the impacts along the global value chain  
72       (Wiedmann and Lenzen, 2018). The progress until 2018 in implementing those measures,  
73       which are included in the SDGs, has not prevented the existence of critical gaps regarding  
74       the nexus and synergies between goals (Allen et al., 2018). Therefore, the trade-offs  
75       between the generation of value added, employment, and environmental impacts have  
76       often caused the increasing destruction of precious natural resources (Newbold et al.,  
77       2015; Zoumides et al., 2014), loss of biodiversity (Lenzen et al., 2012), and changes in  
78       land use in the developing countries due to their trade with developed countries  
79       (Weinzettel et al., 2014). In addition, the trade-offs differ significantly among nations,  
80       and the interactions appear to show higher disparities in terms of land and water resources  
81       than in terms of carbon emissions (Scherer et al., 2018).

82       The easily identifiable trade-offs are derived from the intensive use of natural resources  
83       in the developing countries that export a limited number of agricultural products, such as  
84       the soy products of Brazil, Argentina, and Cameroon (MacDonald et al., 2015), or for  
85       reducing carbon storage, habitat provision or other ecosystem services by converting  
86       grasslands and forest into croplands (Johnson et al., 2014). This has exhausted the scarce  
87       natural resources, e.g., water in the Middle East and North Africa (MENA) (Hoekstra and  
88       Mekonnen, 2012). However, other not-so-evident FEW trade-offs may be hidden in

89 ordinary household consumption decisions, as our analysis helps to reveal. Other papers  
90 have shown that imported products, such as soy, not only deteriorate the environments of  
91 the producing countries but also those of the importing countries because the conversion  
92 of soybean lands to corn fields and rice paddies has led to N pollution in China. (Sun et  
93 al., 2018).

94 Concurrently, there is growing concern in developed regions regarding the impacts from  
95 different diets on their citizens' state of health and their environmental footprints. The  
96 main recommendations attempt to direct consumption towards increasing the intakes of  
97 fruits, vegetables, and nuts, lowering meat and fat consumption, and reducing calorie  
98 intake. This is the case that is discussed by Tukker et al. (2010) and Tukker et al. (2011),  
99 who found a potential reduction of approximately 9% in CO<sub>2</sub>e emissions when the  
100 population moves to a vegetarian diet, while Pairotti et al. (2015) and Cazcarro et al.  
101 (2012) showed potential reductions of 12.7% in CO<sub>2</sub>e emissions and 9% in the water  
102 footprint, respectively, due to shifts to healthy diets. Behrens et al. (2017) showed that  
103 the recommended diets in the richer countries, when compared to the usual diets, imply  
104 reductions in greenhouse gases, eutrophication, and land use (e.g., approximately 13-  
105 24%, 9,8-21.3%, and 5.7-17.6%, respectively). This advice is also useful in terms of  
106 aligning the goals for improving individual health, particularly in rich countries and for  
107 lowering the dietary GHG footprint (Springmann et al., 2016; Tilman and Clark, 2014).  
108 Real choices do not always follow the recommended pattern, for example, in emerging  
109 countries such as China, where the increased consumption of dairy, eggs, and shellfish  
110 improves the nutrition for its population at the expense of the environment (He et al.,  
111 2018).

112 The consumption of local (zero-kilometre) and in-season products has also become a  
113 useful slogan that can be used to simplify the choices regarding fresh fruits and vegetables  
114 in affluent regions. This rule should help to reduce the environmental footprint and  
115 improve health, as it implies decreasing the intake of processed food while favouring the  
116 integration of local agriculture and shortening global food chains. In addition, as  
117 substitution decreases imports from other countries, which are often emerging or  
118 developing countries, this substitution might compromise the economic and social  
119 development of these nations. A specific reason for this effect is their economic  
120 structures, in which agricultural income and employment still represent a significant share  
121 of their economies, and this is even more so for some of their most vulnerable people.  
122 This argues for the inclusion of a measure of employment in the FEW nexus.

123 While considering all of these factors and examining how the decisions made by Spanish  
124 consumers may have global effects, the objective of this paper is to measure the impacts  
125 on the social and environmental footprints that are a consequence of the hypothetical  
126 substitution of imported, in-season and out-of-season fruits and vegetables by other local  
127 or domestic alternatives in Spain (for example, substituting pineapples from Costa Rica  
128 in December with domestic oranges). The term footprint is associated with the  
129 undesirable negative impacts that accompany production and distribution supply value  
130 chains, whereas the social attribute could be related to any social aspect (Alsamawi et al.,  
131 2014b; García-Alaminos et al., 2020; Xiao et al., 2017). For our case, the social footprint  
132 is measured by the changes in total employment that are directly and indirectly required  
133 along the global production chains when the final demand substitution is made. The

134 environmental impact measures are the same when using greenhouse gas emissions (CO<sub>2</sub>  
135 equivalent, CO<sub>2</sub>e) and scarce blue water as the dimensions.

136 Specifically, we use and enhance the concept of the seasonal avoided footprint by imports  
137 (i.e. the change in total requirements when the final imports are replaced by domestic  
138 seasonal products), which was previously developed in (Tobarra et al., 2018), to compare  
139 the CO<sub>2</sub>e, water and, as a novelty, employment impacts between imported and local or  
140 domestic products on a monthly basis. By doing so, we can identify the particular months,  
141 products, and regions for which substituting imported fruits and vegetables implies trade-  
142 offs between the environmental and social footprints, which reduce the environmental  
143 impacts while reducing employment in the developing countries. Furthermore, we  
144 examine the presence of positive potential synergies, for which the environmental and  
145 social objectives may align positively, and negative potential synergies, for which the  
146 environmental and social objectives may simultaneously worsen.

147

148

150 Multiregional input-output models (MRIOs) (Miller and Blair, 2009) have been extended  
 151 to assess the impact of international trade on different factors (Wiedmann, 2015) from  
 152 production factors such as employment (Alsamawi et al., 2014a) or value added  
 153 (Koopman et al., 2014) to natural resources. Among the studies that deal with  
 154 environmental impacts, we highlight water (Cazcarro et al., 2016), materials (Wiedmann  
 155 et al., 2013), energy (Arto et al., 2016) and environmental impacts, such as CO<sub>2</sub> emissions  
 156 (Liu et al., 2016; López et al., 2015) or nitrogen pollution (Oita et al., 2016).

157 Additionally and more closely related to social factors, we highlight the study of "bad  
 158 labour footprints" (Simas et al., 2014) and the general conceptualisations of labour  
 159 footprints under these frameworks (Gómez-Paredes et al., 2016). The analysis of  
 160 employment that is embodied in international trade reveals that wealthy countries  
 161 outsource (essentially low-skilled) labour to developing countries, which is similar to the  
 162 displacement of environmental impacts (Alsamawi et al., 2014a; Alsamawi et al., 2014b;  
 163 Portella-Carbó, 2016). Several of these studies have highlighted the magnitude of risk  
 164 and forced hazardous or child labour footprints; on the other hand, there is a vast body of  
 165 economic literature that also examines the positive aspects of these processes in terms of  
 166 triggering job creation (Feenstra and Sasahara, 2018) and income generation (Baldwin,  
 167 1992). Before the studies on footprint impacts, other concepts have discussed the trade-  
 168 offs between economic and social effects and environmental impacts: the environmental  
 169 Kuznets curve (Grossman and Krueger, 1995) and the pollution haven hypothesis  
 170 (Copeland and Taylor, 2004). Recently, the methodology of the pollution haven  
 171 hypothesis has been studied by using multiregional input-output models, which has  
 172 allowed to examine this hypothesis by considering the trade footprint by considering all  
 173 of the emissions that are incorporated in global production chains (López et al., 2018).

174 The primary use of the MRIO framework is to integrate full global supply chains and  
 175 implicitly identifies the key inter-linkages of the FEW elements, as well as additional  
 176 social and environmental aspects and the pressures across them. For example, food  
 177 demand (as in this case) triggers the need for transport and production in several regions  
 178 with different inputs, direct and indirect water requirements, energy needs and  
 179 technologies (e.g., the CO<sub>2e</sub> emissions differences captured here can be due to different  
 180 levels of energy use and/or of technologies).

181 The typical expression of these extended MRIO models for  $r$  regions in the period of time  
 182  $t$  (usually a year) is shown in (1):

$$183 \quad F = \hat{f}(I - A)^{-1}\hat{y} = \hat{f}L\hat{y} = P\hat{y} \quad (1)$$

184 where  $F$  shows the total impact dimension or content of factor  $f$  by sector and region of  
 185 origin and destination that is embodied in the production at the world level (where  $\hat{f}$  is  
 186 the corresponding diagonal matrix);  $A$  is the matrix of technical coefficients (which  
 187 measure the inputs in every country in every sector that are required per unit of output in  
 188 a specific sector in one country) and are integrated by  $A^{rr}$  on the main diagonal (i.e., the  
 189 domestic technical coefficient matrix of country  $r$ , where all of the inputs are produced  
 190 within the same country  $r$ ), and by  $A^{sr}$  for the off-diagonal positions (the imported  
 191 technical coefficient matrix of country  $r$  from country  $s$ ). The diagonal matrix of final  
 192 demand,  $\hat{y}$ , includes the diagonal matrix of the domestic final demand products (on the  
 193 main diagonal,  $\hat{y}^{rr}$ ) and the imported final demand products from each country  $s$  (at the  
 194 off-diagonal positions,  $\hat{y}^{sr}$ ) of country  $r$ .  $L = (I - A)^{-1}$  is the Leontief Inverse, where  $I$   
 195 is the identity matrix and  $P$  is the matrix of the multipliers where  $P^{sr}$  shows the total,

196 direct and indirect, impacts of factor  $f$  of country  $s$  that are embodied in one unit of final  
 197 demand that is consumed in country  $r$ . In the empirical application, we consider three-  
 198 factor types: employment (social sphere of sustainability), greenhouse gases (carbon  
 199 dioxide equivalent emissions, CO<sub>2e</sub>), and scarce blue water (both in the environmental  
 200 sphere). For the sake of simplicity, to clarify the multiregional character of expression  
 201 (1), equation (2) expresses this calculation for an economy with two sectors ( $i, j$ ) and two  
 202 regions ( $r, s$ ).

$$203 \quad F = \begin{pmatrix} f_i^r & 0 & 0 & 0 \\ 0 & f_j^r & 0 & 0 \\ 0 & 0 & f_i^s & 0 \\ 0 & 0 & 0 & f_j^s \end{pmatrix} \begin{pmatrix} L_{ii}^{rr} & L_{ij}^{rr} & L_{ii}^{rs} & L_{ij}^{rs} \\ L_{ji}^{rr} & L_{jj}^{rr} & L_{ji}^{rs} & L_{jj}^{rs} \\ L_{ii}^{sr} & L_{ij}^{sr} & L_{ii}^{ss} & L_{ij}^{ss} \\ L_{ji}^{sr} & L_{jj}^{sr} & L_{ji}^{ss} & L_{jj}^{ss} \end{pmatrix} \begin{pmatrix} y_i^{rr} & 0 & y_i^{rs} & 0 \\ 0 & y_j^{rr} & 0 & y_j^{rs} \\ y_i^{sr} & 0 & y_i^{ss} & 0 \\ 0 & y_j^{sr} & 0 & y_j^{ss} \end{pmatrix} \quad (2)$$

204

### 205 **MRIO with seasonal final demand**

206 We intend to develop an MRIO model with a seasonal final demand for fruits and  
 207 vegetables. Every season and each country or region will import and export different  
 208 amounts of these agricultural products depending on its own production of fruits and  
 209 vegetables (which will be very different depending on the season and hemisphere) and  
 210 the consumption patterns of the populations involved. The lack of multiregional data on  
 211 the production technology and emissions for each type of fruit and vegetable forces us to  
 212 assume that they are similar within each country but differ between countries and by  
 213 following the model that was previously developed in (Tobarra et al., 2018), the carbon  
 214 footprint of region  $r$  in season  $z$  can be expressed as shown in equation (3):

$$215 \quad F_z^r = \hat{f} [I - A]^{-1} \hat{y}_z^1 \quad (3)$$

216 For every season  $z$  and for every product  $i$ , we find domestic consumption that is  
 217 represented by the diagonal vector  $\hat{y}_{iz}^{rr}$ , exports ( $\hat{y}_{iz}^{rs}$ ) and imports ( $\hat{y}_{iz}^{sr}$ ). The sum of the  
 218 demands for all seasons provides the final demand in the conventional MRIO model. For  
 219 instance, if we take  $z$  as the months of the year, the annual domestic final demand is  $y_i^{rr} =$   
 220  $\sum_{z=1}^{12} y_{iz}^{rr}$ , which is valid for both imports and exports.

### 221 **Balance of the seasonal avoided footprint through imports (SAFM)**

222 We define the Balance of the Seasonal Avoided Footprint through iMports (SAFM) for  
 223 region  $r$  as the impacts in terms of the factor types (e.g., carbon emissions, water, and  
 224 employment) that are caused by substituting imported agricultural products (in season or  
 225 month  $z$ ) from country  $s$  by domestic produce in region  $r$  ( $SAFM_{iz}^r$ ). The expressions for  
 226 this balance are shown in equations (4a) and (4b).

$$227 \quad SAFM_{iz}^r = \hat{f} [I - A]^{-1} \hat{y}_{iz}^{sr} - \hat{f} [I - A]^{-1} \hat{y}_{iz}^{*sr} \quad (4a)$$

$$\begin{aligned}
228 \quad SAFM_z^r &= \begin{pmatrix} f_i^r & 0 & 0 & 0 \\ 0 & f_j^r & 0 & 0 \\ 0 & 0 & f_i^s & 0 \\ 0 & 0 & 0 & f_j^s \end{pmatrix} \begin{pmatrix} L_{ii}^{rr} & L_{ij}^{rr} & L_{ii}^{rs} & L_{ij}^{rs} \\ L_{ji}^{rr} & L_{jj}^{rr} & L_{ji}^{rs} & L_{jj}^{rs} \\ L_{ii}^{sr} & L_{ij}^{sr} & L_{ii}^{ss} & L_{ij}^{ss} \\ L_{ji}^{sr} & L_{jj}^{sr} & L_{ji}^{ss} & L_{jj}^{ss} \end{pmatrix} \left[ \begin{pmatrix} 0 & 0 \\ 0 & 0 \\ y_{iz}^{sr} & 0 \\ 0 & y_{jz}^{sr} \end{pmatrix} - \right. \\
229 \quad &\left. \begin{pmatrix} y_{iz}^{sr} & 0 \\ 0 & y_{jz}^{sr} \\ 0 & 0 \\ 0 & 0 \end{pmatrix} \right] \tag{4b}
\end{aligned}$$

230 where  $\hat{y}_{iz}^{sr}$  indicates the exports from region  $s$  to  $r$  (i.e., imports of  $r$  from  $s$ ) and  $\hat{y}_{iz}^{*sr}$   
231 shows the avoided imports in sector  $i$  in season  $z$ , which allows us to quantify the total  
232 avoided factor content (footprint) for the agricultural products that are imported from  
233 region  $s$  when substituted by the domestic production of region  $r$  (as shown in expression  
234 4b, this implies changing the imported amounts of  $r$  from  $s$  by  $r$ 's domestic production).

235 To interpret these formulas, a positive sign for the SAFM balance indicates that the  
236 production of imported fruits and vegetables in season  $z$  requires a higher amount of  
237 factors than domestic production and, as a result, import substitution by domestic  
238 production is environmentally more efficient. In terms of employment, although a  
239 positive sign can also be interpreted as an increase in efficiency, it conversely implies that  
240 substituting imports by local production causes a further reduction in jobs (in the  
241 exporting region  $s$ ) than creation (in consuming region  $r$ ) (see Table 1). In contrast, a  
242 negative sign for the SAFM balance implies that the factors that are embodied in the  
243 imports are lower than those required for domestic production. In this case, changes in  
244 diets to local seasonal consumption increase carbon emissions and water use because  
245 imports are more environmentally efficient. Again, in terms of employment, a negative  
246 sign can also be interpreted as a lower level of employment reduction (in  $s$ ) than job  
247 creation (in  $r$ ) due to the substitution of imports by local products. Consequently,  
248 synergies arise from local seasonal consumption between the environmental and social  
249 goals when the SAFM shows opposite signs for the environmental metrics and  
250 employment, while there is a trade-off when the SAFM has the same sign for all factors.  
251 The demand for fruits and vegetables could either be used for final consumption or as  
252 intermediate goods since the impact of the substitution and the possible trade-offs and  
253 synergies that would arise are identical. Nevertheless, if these fruits and vegetables were  
254 processed by firms, more downstream emissions would be incorporated.

255 Table 1. Impacts and interactions depending on the sign of the Balance of Seasonal  
256 Avoided Footprint of imports (SAFM).



		Imports substitution by local production consumption			
		Sign of the balance – same sign		Sign of the balance – combination of signs	
		SAFM < 0 [CO2 water labour]	SAFM > 0 [CO2 water labour]	SAFM < 0 [CO2 water] SAFM > 0 [labour]	SAFM > 0 [CO2 water] SAFM < 0 [labour]
Footprint	Carbon	↑	↓	↑	↓
	Water	↑	↓	↑	↓
	Labour	↑	↓	↓	↑
Consequences	International trade	Good for environment / Bad for employment creation	Bad for environment / Good for employment creation	Good for environment / Good for employment creation	Bad for environment / Bad for employment creation
	Local production consumption	Bad for environment / Good for employment creation	Good for environment / Bad for employment creation	Bad for environment / Bad for employment creation	Good for environment / Good for employment creation
Interactions	Synergies	Carbon emissions Water use		Carbon emissions Water use Employment	
	Trade-offs	Employment		None	

257

258 Note: The yellow headings indicate a negative sign for the SAFM, and the white headings indicate  
 259 a positive sign for the SAFM. The SAFM sign for employment has been changed in the figures 3  
 260 to 7 for presentation purposes.

261 The limited available information requires the use of the annual average in the previous  
 262 expressions (3) and (4) for both the technical coefficients and factor intensities instead of  
 263 the actual technical coefficients and factors depending on the season (so, both  $A$  and  $f$  are  
 264 the same throughout the year). This assumption means that we do not include the impacts  
 265 on the balances of different inputs of production or carbon emissions or water used  
 266 depending on the season. The results are a first estimation of these balances. However, at  
 267 the same time, the assumption implies that the results show the impacts of changes in  
 268 origin (e.g., imports or local production) and destination (e.g., exports) on the trade of  
 269 agricultural products and, as a result, we are isolating the "country effect" of the seasonal  
 270 consumption of vegetables and fruits. As long as every country imports a different basket  
 271 of products every season (or every month) and the products contained in this basket come  
 272 from different countries, the seasonal consumption of fruits and vegetables embodies  
 273 different productive structures and separate factor content intensities on average. In  
 274 addition, another advantage of the proposed balance calculation is that, for each season,  
 275 it allows us to identify the signs of the balance for countries and products, which enables  
 276 decisions that are dependent on the season, which is hidden information when considering  
 277 annual data.

278 Expression (4) shows the equation for the total factor content that is linked to the  
 279 international trade of fruits and vegetables. However, as the agricultural sector is the most  
 280 labour-intensive sector in most countries, it is also relevant to calculate the direct  
 281 employment that is embodied in internationally traded fruits and vegetables. The resulting  
 282 expression for the directly embodied employment in the SAFM is shown in equation (5).

$$283 \quad dSAFM_{iz}^r = \hat{f} \hat{y}_{iz}^{sr} - \hat{f} \hat{y}_{iz}^{*sr} \quad (5)$$

284 The difference between expressions (4) and (5) provides the indirect labour that is  
 285 generated through global production chains.

## 286 Data Sources

287 The input-output data for the MRIO model were obtained from EXIOBASE version 2.2.  
 288 for 2007 (Tukker et al., 2013). This database provides data for an extended  
 289 environmentally multiregional input-output (EE-MRIO) model for 163 industries and 48

290 countries and regions. We chose this data source instead of the other available  
291 multiregional databases because it has a specific category for "fruits and vegetables".

292 A summary of data sources and characterisations can be found in Table 2. We use satellite  
293 accounts, supplementary statistics provided by the same database for particular aspects  
294 of the economy, for the factor contents of carbon emissions, employment, and water. For  
295 the last factor, we use the data for both blue water (e.g., ground and surface water) and  
296 green water (e.g., from precipitation that is stored in the root zone of the soil and  
297 evaporates, transpires, or is incorporated by plants). We focus on the effects on "scarce  
298 water", and find of particular interest the impact on "scarce blue water". In order to assess  
299 the volume of scarce blue water, the ratio of freshwater withdrawal is applied to the total  
300 renewable water resources (FAO, 2017; Lenzen et al., 2013). By following the data from  
301 the Spanish Ministry of Agriculture, which provides different references for the calendars  
302 of fruits and vegetables, we classified the months of harvest and best consumption times  
303 in Spain for the various fruits and vegetables (MAGRAMA, 2017) ). The data for the  
304 traded (imported/exported) agricultural products were provided by the Spanish Customs  
305 Office for 2011, which included details of the weight, value, country of origin/destination,  
306 and mode of transportation (Aduanas, 2011). The data on international trade are available  
307 monthly at the 8-digit level, so that we could distinguish the vegetables and fruits that  
308 were directed to final consumption from those that were allocated to intermediate  
309 consumption by following the Broad Economic Categories (BEC). Seasonal figures have  
310 been calculated by the addition of the corresponding months. In addition, to isolate the  
311 fresh products, we extracted the dried, frozen, and/or temporarily preserved products.

312 Table 2. Data sources and characterisations

	Data	Source	Transformations	Resolution
MRIO coefficients	Production	EXIOBASE v2.2.2	Not required	163 industries, 48 regions Annual data
	CO <sub>2</sub> e	EXIOBASE v2.2.2 Satellite accounts (GHG emissions)	CO <sub>2</sub> equivalent emissions are calculated to include all relevant GHG, following IPCC (2013) definition for Global Warming Potential 100 (GWP100): kg CO <sub>2</sub> e = 1x kg CO <sub>2</sub> + 25 x kg CH <sub>4</sub> + 298 x kg N <sub>2</sub> O + 22800 x kg SF <sub>6</sub>	163 industries, 48 regions Annual data
	Blue scarce water	EXIOBASE v2.2.2 Satellite accounts and AQUASTAT (FAO, 2017)	The blue water coefficient from Exiobase (Hoekstra et al., 2009, 2011) is multiplied by the ratio of water withdrawals by each activity in each region to the total renewable freshwater resources in that region, following Lenzen et al. 2013. Coefficients for fruits and vegetables were published in Tobarra et al., 2018.	163 industries, 48 regions Annual data
	Employment	EXIOBASE v2.2.2 Satellite accounts	Not required	163 industries, 48 regions Annual data
Final demand (imports and exports)	Spanish Customs Office	Data in euros. We select only fresh fruits and vegetables for final use, using the Broad Economic Categories classification (consumption goods). We use the calendar of the Spanish Ministry of Agriculture, Fisheries, Food and the Environment (2013) to consider each particular product as in- or out-season for our country.	8-digit level for products, finally aggregated to fruits or vegetables, in- and out-season. Monthly data	

313

### 314 Limitations and Assumptions

315 Our proposed methodology, combining an MRIO with seasonal final demand, allows us  
316 to reveal relevant information, that is totally missed in the yearly data, particularly when  
317 advising potential changes in consumer behaviour and their effects. Ideally, a monthly  
318 disaggregation for technology and factor requirements could be introduced in order to  
319 calculate a fully seasonal MRIO model. This would, however, entail obtaining monthly  
320 data for every production and resource coefficients for all goods and services (not only  
321 the agricultural produce but with an obvious focus on that) for all relevant countries.  
322 According to our current knowledge, there is no database that allows for this level of  
323 disaggregation. A discussion of potential options and limitations can be found in the  
324 supplementary information in Tobarra et al. (2018). Nevertheless, by using a seasonally  
325 disaggregated final demand, we capture differences in technology and resources use per  
326 month, as we change the mix of countries (each with its own production and factor  
327 coefficients) in the final demand (imports). We understand that we therefore capture the  
328 most substantial part of the seasonality, as technology coefficients are supposed to be  
329 more stable in time and different inputs are produced during the whole year. Final  
330 demand, exports and imports in our empirical application, is far more volatile and clearly  
331 reflects changes in product availability for fresh fruits and vegetables.

332 It must be emphasised that the above-described model is built on hypothetical scenarios,  
333 in which consumers are willing to change their consumption patterns, and the production  
334 and distribution value chains are able to respond. The analysis of the reasons that lead to  
335 changes towards sustainable food consumption patterns shows inextricably intertwined

336 factors (Hoek et al., 2021) ranging from individuals' actions and behaviour to complex  
337 environmental dynamics (e.g., immediate, indirect, and macro-environment, including  
338 institutional, political or general economic settings). These factors are complex and  
339 should be approached jointly from different perspectives to ensure a sustainable food  
340 demand. Additionally, other related considerations, such as the interactions among import  
341 substitutions and prices, quality, and income distribution, should be analysed. On the  
342 other hand, if these changes were to take place, a detailed analysis of the time required  
343 for the supply to adapt, in terms of logistical transformation or even production  
344 adjustments, is required.

345 The import substitutions that are reflected in the SAFM mean that we are replacing the  
346 monetary value of imports with local products of the same value, keeping constant the  
347 share of fruits and vegetables in the 'consumers' basket in terms of expenditures. In some  
348 cases, replacement implies that consumers buy lower (higher) amounts of fruits and  
349 vegetables (in terms of kg) if the average prices of imported products are lower (higher)  
350 than those of domestic products. In this sense, other possibilities could be further  
351 explored, for instance, keeping constant the physical amounts or calories instead of the  
352 monetary values. The main advantage of the value measure is that it ensures that import  
353 substitution is affordable for households since the total expenditures remain fixed.  
354 Although the calculations change depending on the chosen measure (monetary versus  
355 physical amounts), the conclusion remains unaffected since the results show differences  
356 in their intensities but not in their signs (Tobarra et al., 2018). However, there are other  
357 possibilities that require further analysis, i.e. if imported fruits and vegetables are cheaper,  
358 the consumer may need to increase the share of fruits and vegetables in her basket,  
359 reducing the purchases of other goods and services, or substitute imported fruits and  
360 vegetable for cheaper domestic alternatives. The economic and environmental impact of  
361 these options would require detailed analysis of income elasticity for goods and services  
362 in the consumers' basket.

363 For our calculations, we consider the terms local and domestically produced (i.e.,  
364 produced within the country borders) to be equivalent. This is a simplifying assumption  
365 that entails no distinctions of the regional differences that a country may have (from  
366 logistics, distance to final consumers, type of soil, or climate) that are expected to be  
367 higher the larger a country. The development of multiregional models with regional  
368 detail, such as the EUREGIO for Europe (Thissen et al., 2018) (with the appropriate  
369 satellite accounts), would help to overcome this assumption.

370 We must also note that in this paper, we have not explicitly accounted for the distances  
371 or means of transport for the international transport of fruits and vegetables. EXIOBASE  
372 includes transport as the average for all products in a category for all origins and transport  
373 modes. In two previous works, Cadarso et al. (2010) and López et al. (2015), we provide  
374 some evidence regarding this issue. However, it is important to note that this only affects  
375 CO<sub>2</sub> emissions and that our conclusions would not be significantly affected, as this would  
376 increase the emissions, in particular, for imported products that are transported from  
377 distant countries that generally present higher emission coefficients than Spain for fruits  
378 and vegetables. The increase for EU imports, where the coefficients are much more  
379 similar to the Spanish coefficients, would be much lower. This would reinforce our results  
380 rather than reverse them.

381 For the case of water, we also obtained the monthly consumption (blue) of water use by  
382 using the information by basins of the monthly blue water consumption shown in  
383 (Hoekstra et al. 2012), but these data were not ultimately used in the analysis due to the  
384 possible introduction of mismatches or biases with other data that were unavailable for  
385 such temporality (especially to construct the water coefficients, which is in accordance  
386 with the entire MRIO temporal structure). This poses a limitation, but the key here was  
387 to not focus on the changes in economic structures of the MRIOs, since these (at least the  
388 “production recipes”) and multipliers tend to be quite constant over time as the “stability  
389 of input-output coefficients” literature shows (Bezdek, 1984; Bon, 1986, 1988; Bon and  
390 Bing, 1993; Dietzenbacher and Hoen, 2006; Moses, 1955; Teigeiro and Solís, 2005;  
391 Wood, 2011; Zaman et al., 2010); however we state that the absolute trade values are  
392 more seasonally volatile, and their study (*ceteris paribus*) already shows the ways in  
393 which these can be relevant for a number of environmental and social aspects. Without  
394 ignoring either the aforementioned temporality (e.g., not immediacy) in which the  
395 changes in pressures and employment may occur, it does hint that the nature of trade in  
396 fruits and vegetables has, for example, great trade-offs in terms of the employment levels  
397 across countries/regions, or in the pressures, which potentially may have stronger effects  
398 if they are critical (i.e., on employment if that requires seasonal movement of workers  
399 and on the biophysical side, e.g., water consumption in scarce water countries in areas  
400 with low precipitation during certain months of production).

401

402

### 3. MAIN RESULTS AND DISCUSSION

#### 3.1 Seasonal Avoided Labour Footprint.

The results of the seasonal avoided labour footprint (SAFM for labour) show significantly positive values for both in-season and out-of-season products, as shown in Table 3. Table results are coloured so that SAFM results range from bright red (positive values), cases of higher labour reduction due to the substitution of imports by domestic production, to bright green (negative values), cases of higher labour creation, with yellow tones for intermediate values. As a summary, domestic production, as an alternative to imported fruits and vegetables, leads to net global reductions in employment of 787,492 workers (summing totals in Table 3). This result implies high productivity levels for Spanish agricultural labour, as confirmed by Table 3, where Spain is ranked 17th (out of 48) in terms of labour productivity.

The high levels of Spanish labour productivity entail a relevant reduction in net employment in the SAFM measure, namely, 135,339 workers for in-season fruits, 194,700 for out-of-season fruits, 411,523 for in-season vegetables, and 45,929 for out-of-season vegetables. The employment reductions are mainly concentrated in Latin America and Africa, and both are regions with high total employment coefficients (especially in Africa, with 3.582 thousand workers/million € and the Latin America, with 0.306 thousand workers/million €, compared to the Spanish level of 0.043 thousand workers/million €) and the outstanding position as Spanish produce providers. The net positive employment reduction that is generated as a result of domestic production replacing imports occurs for all months and in most regions, but with a few exceptions, such as France, Belgium and the United Kingdom, which total 824 net employment increases due to domestic production replacing in-season imported vegetables at their higher points. The results shown in Table 3 are net results, that is, they provide the difference between job creation and reduction due to imports substitution. If all Spanish imports of fruits and vegetables were to be replaced by domestic production, an increase of 66,298 new jobs would be generated in Spain, together with a total reduction of 853,790 jobs worldwide, particularly in the poorest regions. Deeper analysis of labour market conditions is required to know whether these jobs could be covered with domestic supply or imported labour is required, or how wages in the agri-food sector would be affected.

**Table 3. Impact on labour due to substitution of imported seasonal fruits and vegetables by domestic production, 2011.**

	Employment coefficient		SAFM (workers)			
	(1000 workers /Million €)		Fruits		Vegetables	
	Total	Direct	In-season	Out-of-season	In-season	Out-of-season
Austria	0.0500	0.0351	2	2	3	0
Belgium	0.0320	0.0085	-275	-232	-193	-91
Bulgaria	0.0136	0.0048	-1	-8	-12	-2
Cyprus	0.0483	0.0186	0	0	4	2
Czech Republic	0.0544	0.0238	0	1	6	0
Germany	0.0433	0.0304	3	5	2	1
Denmark	0.0241	0.0120	-2	-14	-20	-4
Estonia	0.0412	0.0228	0	0	0	0
Spain	0.0430	0.0266	0	0	0	0
Finland	0.0231	0.0127	0	0	0	0
France	0.0411	0.0127	-124	-87	-256	-223
Greece	0.0575	0.0300	34	18	1	1
Hungary	0.0878	0.0500	1	4	36	35
Ireland	0.0227	0.0167	0	0	-1	-2
Italy	0.0481	0.0245	355	199	34	11
Lithuania	0.1280	0.0782	0	1	20	0
Luxembourg	0.0583	0.0265	0	0	2	0
Latvia	0.0267	0.0026	0	0	0	0
Malta	0.0220	0.0167	0	0	0	-1
Netherlands	0.0505	0.0060	48	182	183	104
Poland	0.0665	0.0426	9	26	20	2
Portugal	0.0745	0.0503	619	746	808	271
Romania	0.2611	0.1816	17	5	31	11
Sweden	0.0238	0.0132	0	-1	-13	-134
Slovenia	0.0721	0.0547	0	0	0	12
Slovakia	0.0198	0.0037	0	0	0	-27
United Kingdom	0.0212	0.0087	-173	-69	-375	-235
United States	0.0259	0.0134	-4	-38	-17	-9
Japan	0.0739	0.0503	4	1	0	0
China	0.8490	0.7866	611	1,217	5,045	3,881
Canada	0.0497	0.0223	0	3	0	0
Korea, Republic of	0.0822	0.0659	0	0	12	0
Brazil	0.1839	0.1471	1,085	7,703	21	28
India	1.4091	1.3397	0	459	130	0
Mexico	0.1462	0.1368	401	243	150	24
Russian Federation	0.0891	0.0551	0	9	3	0
Australia	0.0321	0.0120	0	0	-35	0
Switzerland	0.0388	0.0210	0	0	0	0
Turkey	0.0659	0.0559	3	5	5	0
Taiwan	0.1176	0.0868	0	0	0	0
Norway	0.0235	0.0119	0	0	0	0
Indonesia	0.7770	0.7147	0	119	0	0
South Africa	0.1784	0.1391	371	2,816	5	1
Rest of Asia	1.9639	1.6753	979	1,127	241	254
Rest of Latinamerica	0.3068	0.2453	28,594	58,023	8,438	9,552
Rest of Europe	0.2014	0.1198	86	319	17	83
Rest of Africa	3.5823	2.8110	100,518	115,603	396,539	32,368
Rest of Middle East	0.2282	0.1834	2,179	6,317	690	13
<b>SAFM Total (net employment)</b>			<b>135,339</b>	<b>194,700</b>	<b>411,523</b>	<b>45,929</b>
Gross employment embodied in imports			151,283	218,228	428,623	55,655
Gross employment embodied in domestic production			15,944	23,528	17,100	9,726

440 Note: The countries with technical coefficients greater than those of Spain are highlighted  
441 in red. Negative signs in SAFMs (green tones) imply net employment increases due to  
442 domestic production replacing fruits and vegetables imports (or losses due to imported  
443 fruits and vegetables), while positive signs in SAFMs (red tones) imply net employment  
444 losses due to domestic production replacing imports (or increases due to imports). SAFM  
445 results are in net terms, that can be obtained as the difference between gross employment  
446 embodied in imports and gross employment embodied in domestic production, also.

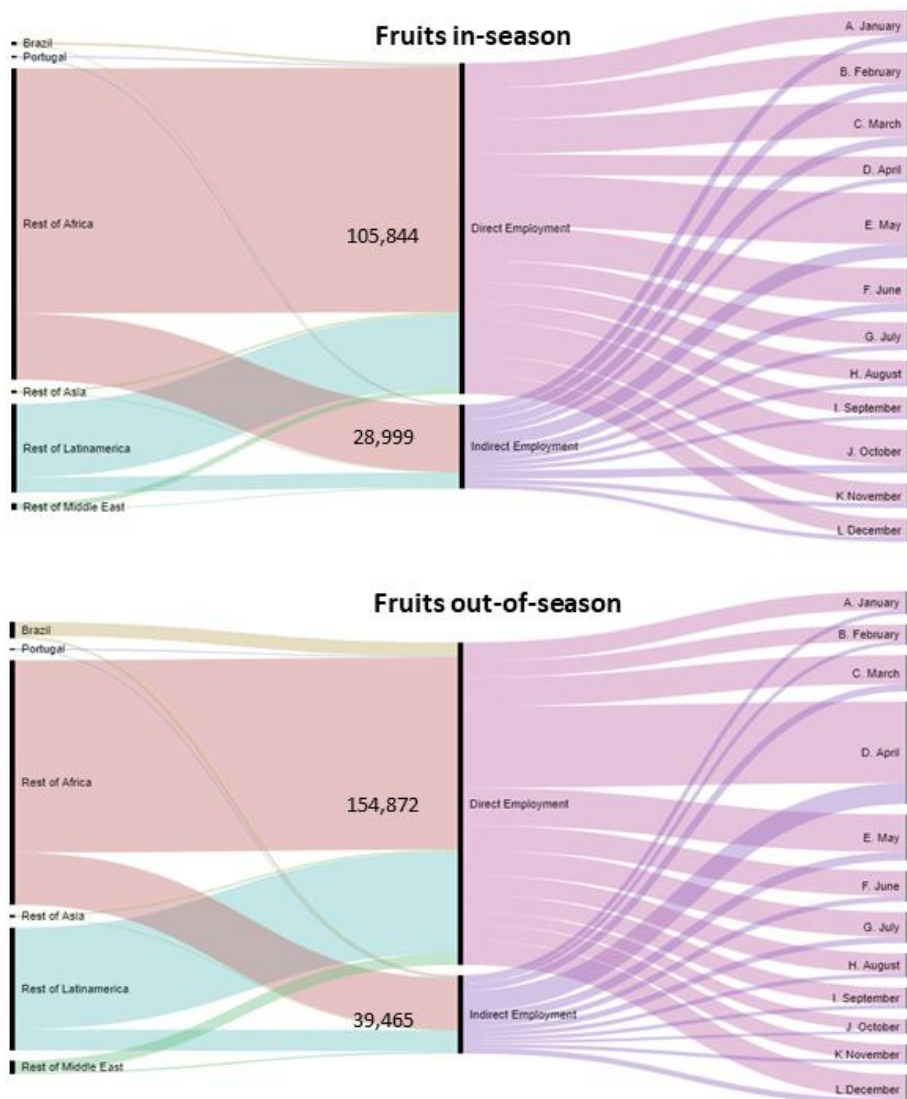
447 A comparison between the Direct (fruits and vegetable workers) and Total (all workers  
448 along the production chain) columns in Table 3 reveals that the differences in agricultural  
449 productivity are the main reason behind the increased net employment. The differences  
450 in the direct coefficients are higher than those of the total coefficients and, as a result, the  
451 labour productivity for fruits and vegetables explains approximately 70% of the SAFM  
452 differences for the rest of Africa and rest of Latin America. These regions are  
453 characterised by high labour intensities and low levels of production mechanization,  
454 together with an agricultural sector that is the only income option for broad segments of  
455 their populations (FAO, 2018). In addition, employment is highly concentrated in terms  
456 of its origin (the rest of Africa represents 74% and 60%, for in-season fruits and out-of-  
457 season fruits, respectively, while the rest of Latin America represents 21% and 30%,  
458 respectively). When comparing the in-season fruits and out-of-season fruits (Figure 1),  
459 the employment that is generated by imports is similar and the direct effect is dominant  
460 in both cases and is evenly spread throughout the months (except for April for out-of-  
461 season fruits).

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463



464 **Figure 1. Reduction in direct and indirect employment due to fruits' imports**  
 465 **substitution by domestic production, main countries with positive signs, 2011**  
 466 **(workers).**

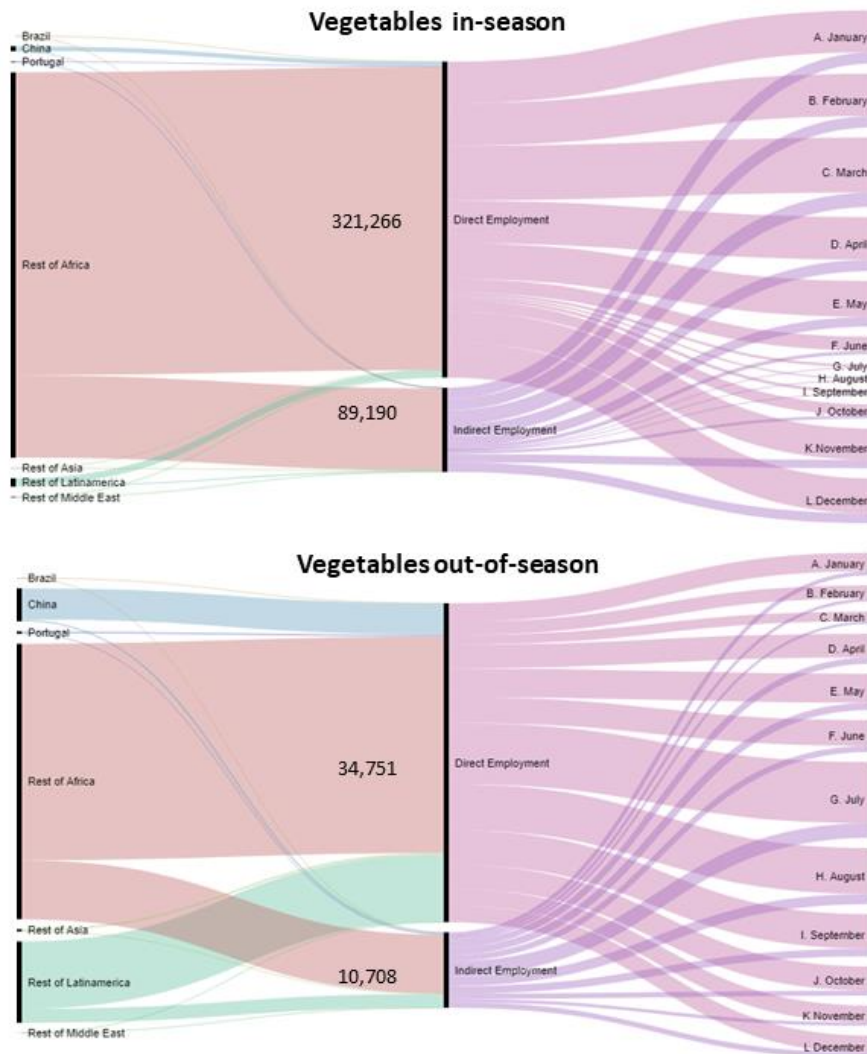


467  
 468 Note: The flows represent the reduction in employment associated with the substitution of imports of fruits by  
 469 domestic production). The flows on the left report the employment reduction in the region from which the imports  
 470 originate. The middle flows indicate if the employment reduction is direct or indirect, and the flows on the right show  
 471 the months in which these imports take place.

472  
 473 For vegetables, in-season is the source of most labour increases, which would cause a net  
 474 reduction of 411,523 jobs if the amount of imported production were to be replaced by  
 475 domestic production and would mainly be located in the rest of Africa (over 96%). The  
 476 amount of labour induction due to imported fruits and vegetables is lower in summer  
 477 (e.g., from June to September) and is mainly due to the increased Spanish production for  
 478 in-season vegetables, in contrast to out-of-season vegetables for which the months with  
 479 the highest employment linked to Spanish imports are July, August and September (see  
 480 Figure 2). The added employment from imported out-of-season vegetables is remarkably  
 481 lower and is due mainly to the low import volumes. The main values are concentrated in

482 the summer season in the rest of Africa (69%), with a smaller contribution from the rest  
 483 of Latin America (20%).

484 **Figure 2. Reduction in direct and indirect employment due to vegetables' imports**  
 485 **substitution by domestic production, main countries with positive signs, 2001**  
 486 **(workers).**



487

488 Note: The flows represent the reduction in employment associated with the substitution of imports of vegetables by  
 489 domestic production. The flows on the left report the employment reduction in the region from which the imports  
 490 originate. The middle flows indicate if the employment reduction is direct or indirect, and the flows on the right show  
 491 the months in which these imports take place.

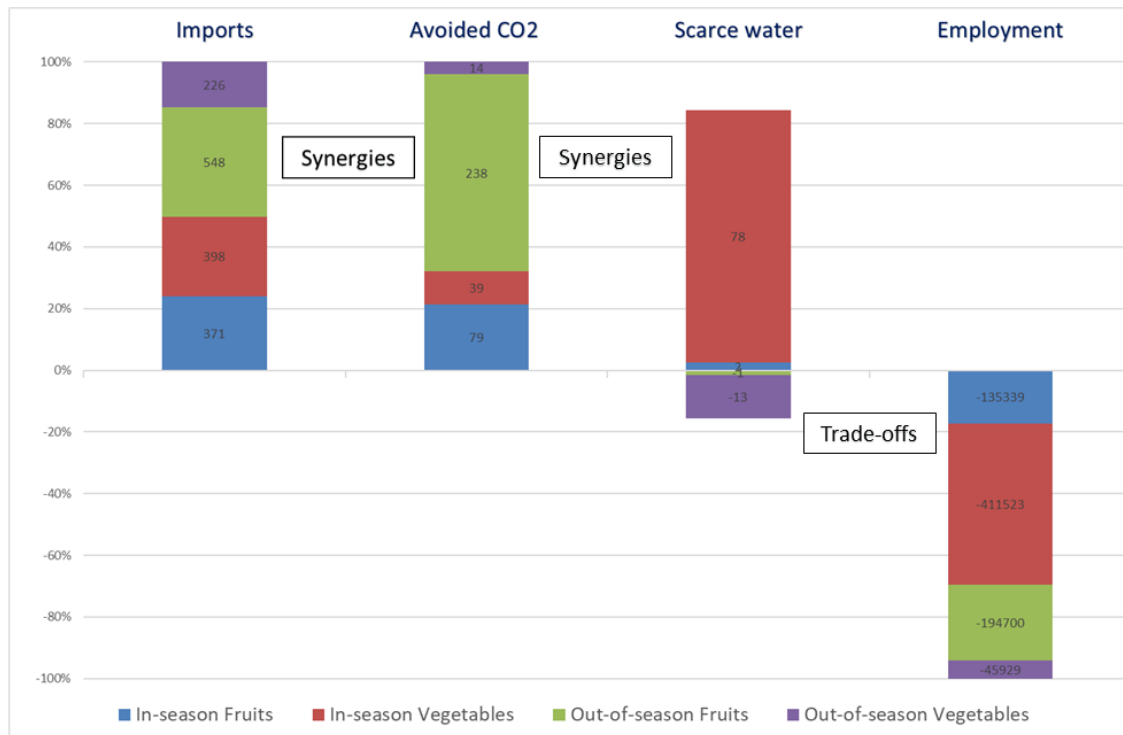
492 The jobs that are created in the developed and developing countries have markedly  
 493 different characteristics in terms of the work and pay conditions and of social risk, which  
 494 are factors that should be kept in mind if labour substitution is to be considered. The  
 495 possibilities of the MRIO models to allocate undesired social footprints, by drawing links  
 496 among the final consumers and producers, have been recognised by previous studies  
 497 (García-Alaminos et al., 2020; Wiedmann and Lenzen, 2018; Xiao et al., 2017). Although  
 498 the identification of such indecent labour footprints is beyond the scope of this study,  
 499 previous research has revealed some cases. An important source of social risk that is  
 500 associated with the exports from developing countries to developed countries takes place

501 in agriculture, e.g., Moroccan exports of tomatoes and molluscs, which are products with  
 502 high gender inequality in their production conditions (Xiao et al., 2017). Other countries  
 503 and products with high social risk include rice in India, dried fruits in Pakistan, fish and  
 504 sugar in Yemen, and tomatoes and sugar in Syria. In general, forced labour is a significant  
 505 issue worldwide in the primary sector in both Africa and Latin America (USBILA, 2016).

506 **3.2 Trade-off versus synergies due to fruit and vegetable imports.**

507 The joint analysis of the avoided factor balances in monetary and physical terms sheds  
 508 some light on the real impacts of changes in household consumption patterns (Figure 3).  
 509 For the total imports of Spanish fruits and vegetables, the results show that a conflict is  
 510 present among the social and environmental goals for all groups when confronting the  
 511 employment impact with one or both of the environmental impacts. This is because,  
 512 throughout the year, the substitution of imported fruits and vegetables for domestic  
 513 production implies reductions in the carbon and scarce blue water footprints. However,  
 514 there is an important trade-off between the environmental and social footprints since  
 515 import substitution would lead to a reduction in employment of 787,492 jobs (as seen in  
 516 Table 2).

517 **Figure 3. Imports (millions of euros), avoided CO<sub>2</sub>e (tCO<sub>2</sub>), avoided scarce blue**  
 518 **water (Km<sup>3</sup>) and job reductions (workers) due to import substitution by domestic**  
 519 **production (SAFM), 2011**



520  
 521 Note: The sign of the SAFM for employment has been changed from positive to negative in this  
 522 figure for presentation purposes to clarify that the results obtained if imports are substituted by  
 523 domestic production imply a net reduction in overall employment (fewer jobs in Spain than would  
 524 have been in other countries for the same production of fruits and vegetables).

525 In- and out-of-season imported fruits, comprise 59% of total imports, and only 58% of  
 526 net-generated employment. However, these imports account for 88% of the net generated  
 527 CO<sub>2</sub> emissions that could be caused by international trade in 2011 (Table 4). On the other  
 528 hand, in- and out-of-season imported vegetables, account for only 41% of imports, 42%  
 529 of generated net employment abroad, and only a 12% increase in net emissions.  
 530 Therefore, although the labour intensity is only slightly lower for imported fruits than for  
 531 imported vegetables, imported fruits have a much higher carbon intensity than vegetables.  
 532 In particular, out-of-season fruits account for 64% of the CO<sub>2</sub>e emissions for all groups  
 533 considered, even though they only account for 35% of the imports, so they are a focus for  
 534 controlling negative trade impacts.

535 Regarding water, fruit import substitution does not significantly change water use, with  
 536 in-season and out-of-season fruits accounting for less than 5% of the avoided scarce blue  
 537 water measure. However, the vegetable trade implies important virtual data flows that  
 538 have particular patterns, with a positive sign for in-season vegetables, which induce a  
 539 notable increase in water use if the imported products were to be replaced by domestic  
 540 production and a potential reduction if the substitution were for out-of-season vegetables.  
 541 A small relative efficiency in Spanish agriculture in the production of out-of-season fruits  
 542 and vegetables in terms of water, especially in the case of vegetables, points to imports  
 543 as a way to reduce the use of this resource.

544 **Table 4. Fruit and vegetable imports, avoided CO<sub>2</sub>e, scarce water, and employment**  
 545 **reduction due to import substitution by domestic production, 2011**

		Imports (euros)		Avoided CO <sub>2</sub> (kCO <sub>2</sub> )		Avoided scarce blue water (m <sup>3</sup> )		Employment reduction (workers)	
Fruits	In season	371,016,223	24%	79,285,574	22%	56,646	4%	135,339	17%
	Out-of-season	547,503,825	35%	237,712,902	66%	1,244	0%	194,700	25%
Vegetables	In-season	397,935,273	26%	33,695,726	9%	1,452,848	107%	411,523	52%
	Out-of-season	226,323,947	15%	9,121,550	3%	-151,084	-11%	45,929	6%

546

### 547 3.3. Hotspots associated with the consumption of imported fruits by country

548

549 The objective of this section is to identify the countries in which the SAFM presents  
 550 negative (or positive) hotspots in terms of emissions, water, or employment. This leads  
 551 to a discussion regarding whether it would be beneficial to modify (or maintain) the trade  
 552 relationships (see Figures 4 and 5), especially if these relationships represent a significant  
 553 share of total Spanish imports. These two extreme cases lead to a consideration of the  
 554 negative and positive synergies that are defined in Table 1, which identify those countries  
 555 for which fruit and vegetable import substitution is undesirable (column 3) or  
 556 recommended (column 4), respectively. More complex cases are, however, common in  
 557 our results and examining those situations where import substitution would improve the  
 558 environmental metrics (social) while worsening the social (environmental) metrics. More  
 559 complicated cases can also be mentioned, since although the water and carbon footprints  
 560 go hand in hand for many countries, this is not always the case.

561

562 The clearest case where a goal conflict occurs is for the rest of Africa (WF), since the  
 563 elimination of imports represents a slight reduction in the total imports of in-season and

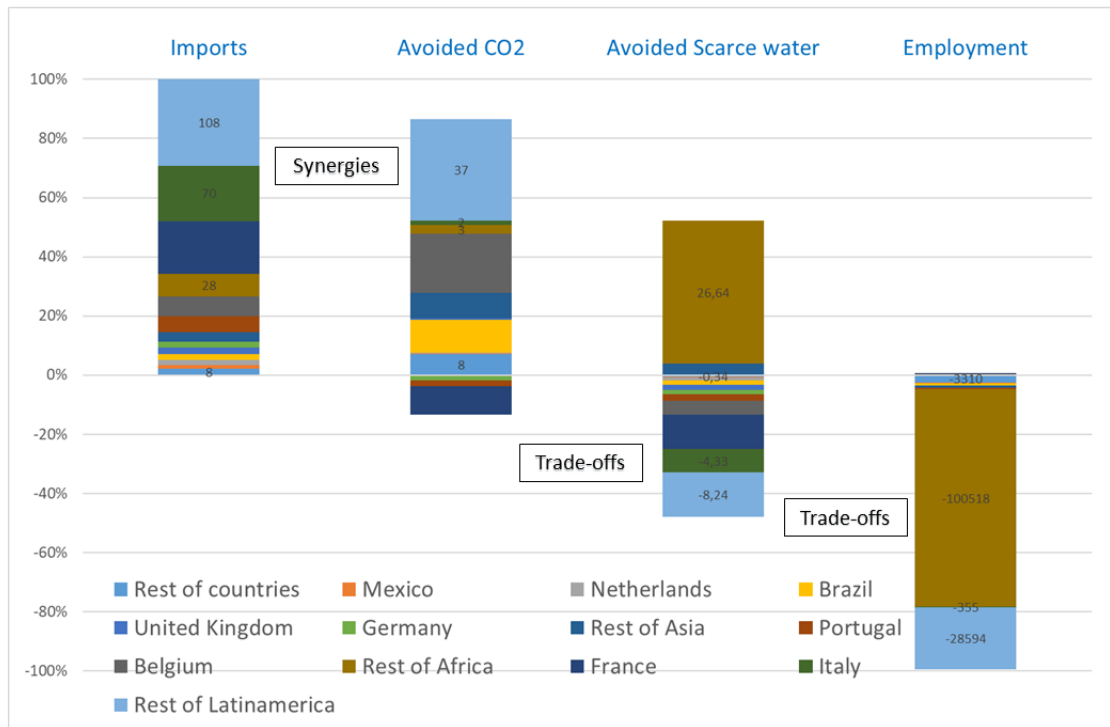
564 out-of-season fruits and implies a difficult trade-off since it would mean significant  
565 savings of scarce blue water while leading to a reduction of more than 300,000 jobs in  
566 that area. For the case of the scarce blue water balance of in-season fruits, the imports  
567 from the rest of Africa (WF) account for 7.7% of imports and 92.4% of the total increase  
568 in the avoided balance of scarce blue water. However, these imports only represent 4.3%  
569 of the CO<sub>2e</sub> growth. We also highlight that 44% of Africa's imports come from Morocco  
570 (melons, watermelon, papayas, grapes, dates and pineapples) and 15% from Cameroon  
571 (bananas). The substitution by imports from the rest of Africa involves a strong conflict  
572 of the objectives or trade-offs between promoting the planet's environmental  
573 sustainability (e.g., reducing water consumption) and the social and economic  
574 sustainability of the developing regions due to the great reductions in employment that  
575 are generated.

576

577 In the rest of Latin America, a conflict occurs between the increased CO<sub>2</sub> emissions and  
578 the significant reduction in employment when imports of in-season fruits and, especially,  
579 out-of-season fruits are replaced by local consumption. Specifically, the imports of out-  
580 of-season fruits from Brazil (e.g., melons, watermelon, papayas) make up 10% of the  
581 total, yet its CO<sub>2</sub> emissions SAFM represents 35.9% of the increased emissions. However,  
582 this conflict does not occur for water since the region has significant resources. For the  
583 case of water, the imports from Latin America (as hinted at in the introduction, e.g., from  
584 Costa Rica, which is the main provider of tropical fruits for Spain, approximately 23% of  
585 those imports, mainly pineapple and banana, or from Perú, mainly avocado) present a  
586 synergy between job creation and water use, since they represents a large addition of jobs  
587 in the relatively poorer regions of the planet and a net reduction in the consumption of  
588 scarce blue water (the savings for out-of-season fruits are much greater than for in-season  
589 fruits).

590

591 **Figure 4. Imports (millions of euros), avoided CO<sub>2e</sub> (tCO<sub>2</sub>), avoided scarce blue**  
592 **water (Km<sup>3</sup>) and job reductions (workers) due to in-season fruits' import**  
593 **substitution by domestic production (SAFM), 2011**



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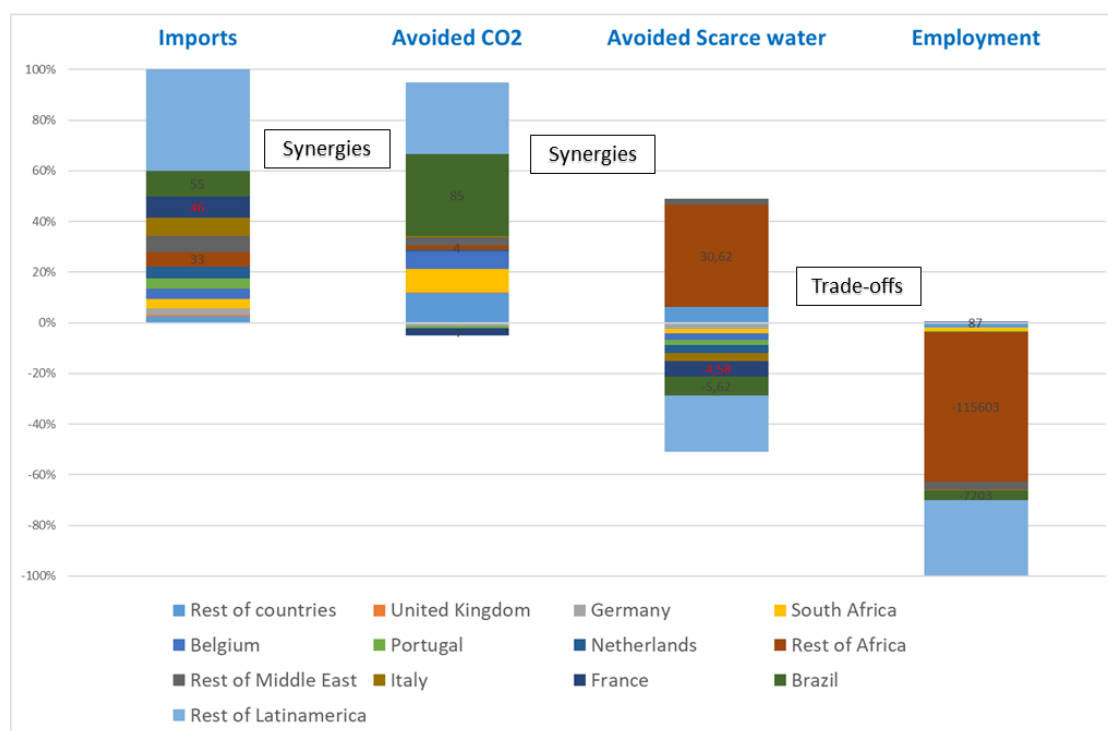
Note: The sign of the SAFM for employment has been changed from positive to negative in this figure for presentation purposes to clarify that the results obtained if imports are substituted by domestic production imply a net reduction in overall employment (fewer jobs in Spain than would have been in other countries for the same production of in-season fruits).

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Regarding the replacement of in-season and out-of-season fruits that are produced in Spain by imports from France and Portugal (and other similar EU countries), the environmental effects of these substitutions would be negative since they would increase both emissions and the amounts of scarce water used. The changes in employment are minimal when dealing with EU countries, especially if we compare them with those observed for countries in Africa and South America, and therefore, their impact is more a matter of environmental rather than social sustainability. For the in-season fruits, imports from Belgium (e.g., apples, pears, and quinces) can also be highlighted since their imports are 6.8% of the total and lead to an increase in emissions that is 27% of the total.

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**Figure 5. Imports (millions of euros), avoided CO<sub>2</sub>e (tCO<sub>2</sub>), avoided scarce blue water (Km<sup>3</sup>) and job reductions (workers) due to of out-of-season fruits' import substitution by domestic production (SAFM), 2011**



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Note: The sign of SAFM for employment has been changed from positive to negative in this figure for presentation purposes to clarify that the results obtained if imports are substituted by domestic production imply a net reduction in overall employment (fewer jobs in Spain than would have been in other countries for the same production of out-of-season fruits).

### 620 3.4 Hotspots associated with the consumption of imported vegetables by country

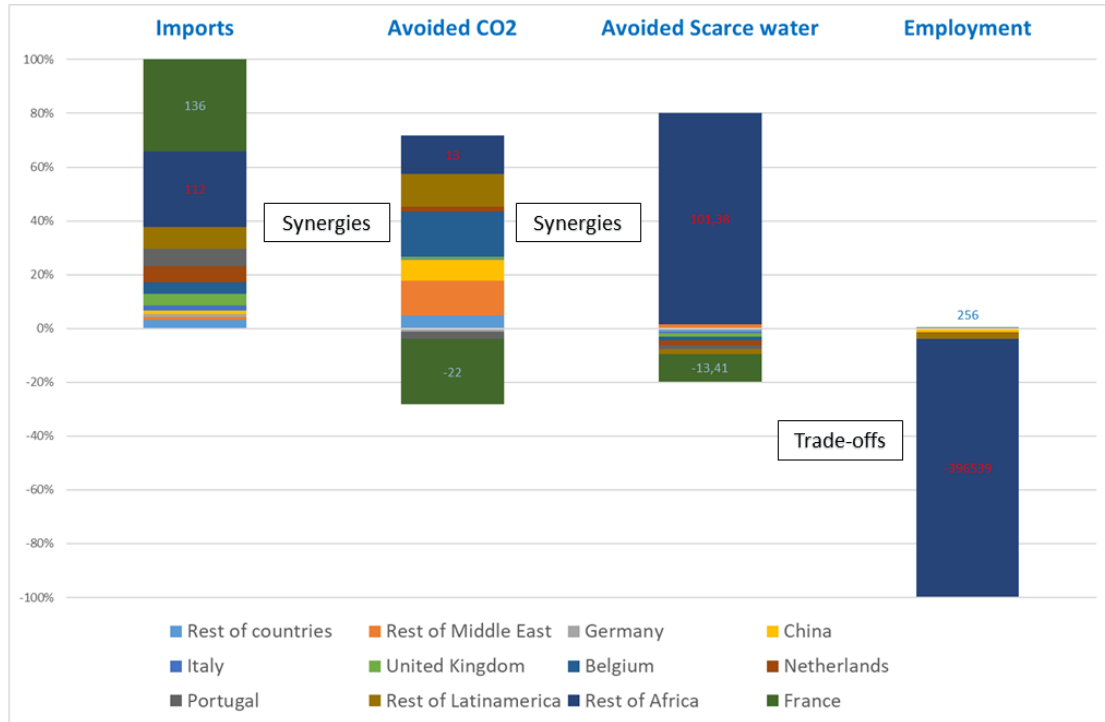
621 The most important import volumes from Africa consist of in-season vegetables, as these  
622 come from Northern Africa, which has the same seasonal cycle as Spain. The imports  
623 from the rest of Africa represent 28% of the total, and their replacement for domestic  
624 production encompasses a strong trade-off since it would allow a reduction in the use of  
625 scarce blue water that would total 101 km<sup>3</sup> (i.e., 130% of the total net scarce blue water  
626 savings) and a reduction in carbon emissions of 13 tCO<sub>2</sub> (i.e., 33% of net avoided  
627 emissions) but would nevertheless result in a reduction of 396,539 net jobs in Africa  
628 (.96% of the total net loss). In other words, there are economic and environmental  
629 synergies that are associated with the substitution of vegetables from Africa but there is  
630 an important trade-off in terms of employment, as is also found for fruits. The importance  
631 of imported vegetables from Latin America is much less than that of fruits, which has a  
632 lower weight in the total imports.

633 In terms of emissions, Belgium is a hotspot in economic and carbon terms. The imports  
634 into Spain of in-season vegetables from this country represent 4.4% of the total value and  
635 38% of net emissions. Hence, reducing the imports of vegetables from Belgium would  
636 lead to a significant reduction in the global carbon footprint of in-season vegetables, while  
637 the effects on scarce water and employment are minor. In France, the significant imports  
638 of in-season vegetables lead to significant savings in emissions and scarce blue water,



639 with little impact on employment. In this case, the substitution of imports from France  
 640 would mean a significant increase in the global impacts in terms of carbon and scarce  
 641 blue water.

642 **Figure 6. Imports (millions of euros), avoided CO<sub>2</sub>e (tCO<sub>2</sub>), avoided scarce blue**  
 643 **water (Km<sup>3</sup>) and job reductions (workers) due to in-season vegetables' import**  
 644 **substitution by domestic production (SAFM), 2011**

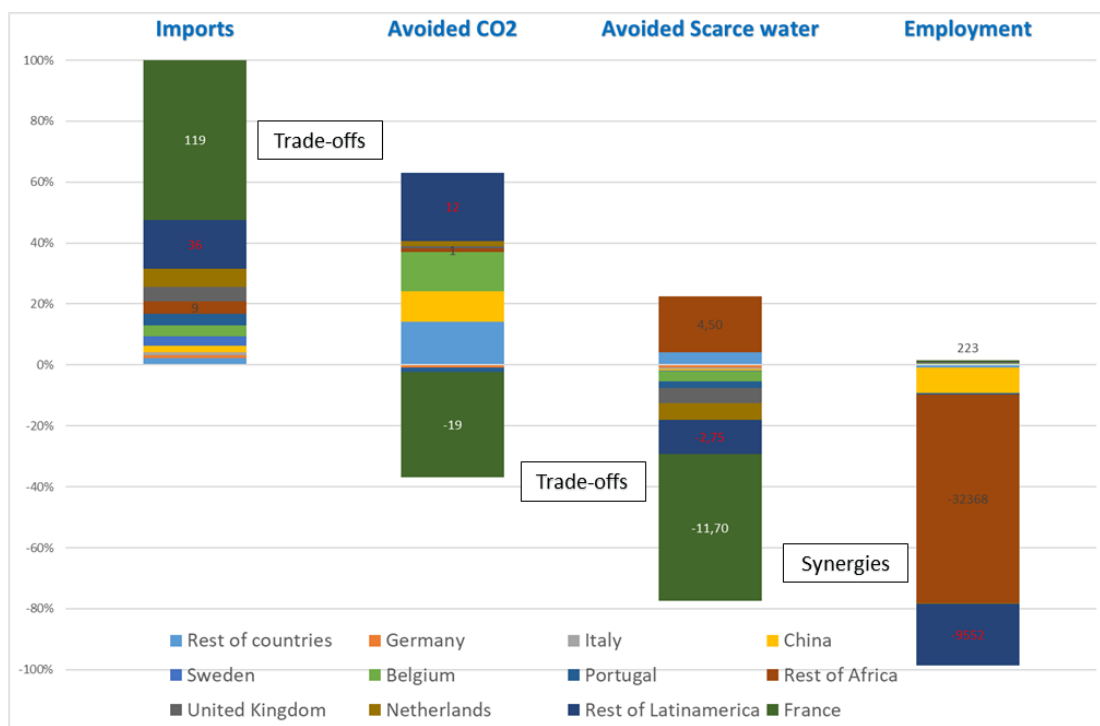


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 647 Note: The sign of SAFM for employment has been changed from positive to negative in this  
 648 figure for presentation purposes to clarify that the results obtained if imports are substituted by  
 649 domestic production imply a net reduction in overall employment (fewer jobs in Spain than would  
 650 have been in other countries for the same production of in-season vegetables)..

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 653 In the out-of-season vegetable trade, the imports from the rest of Africa represent 4% of  
 654 the total (e.g., 90% from Morocco, legumes and tomatoes and 7% from Egypt). These  
 655 imports also are also associated with a net increase in the scarce blue water footprint of  
 656 4.5 km<sup>3</sup> (78.5% of the increase), a small effect in terms of emissions, and the creation of  
 657 32,368 jobs (70% of the net creation) (Figure 7). Therefore, its replacement in monetary  
 658 terms would be feasible and would have a significant synergy in terms of water but would  
 659 also be a trade-off in terms of employment. On the other hand, imports from France  
 660 maintain a positive hotspot, since they represent 52% of the total imports and lead to great  
 661 savings in emissions (49% of the total net savings) and in water (-11.7 km<sup>3</sup>, which  
 662 represents 88% of the net savings), while the net generated employment is 223 workers.

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 664 **Figure 7. Imports (millions of euros), avoided CO<sub>2</sub>e (tCO<sub>2</sub>), avoided scarce blue**  
 665 **water (Km<sup>3</sup>) and job reductions (workers) due to out-of-season vegetables' import**  
 666 **substitution by domestic production (SAFM), 2011**





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Note: The sign of SAFM for employment has been changed from positive to negative in this figure for presentation purposes to clarify that the results obtained if imports are substituted by domestic production imply a net reduction in overall employment (fewer jobs in Spain than would have been in other countries for the same production of out-of-season vegetables)..

#### 4. CONCLUSIONS

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The study has been framed around global social and environmental effects, especially regarding the food-energy-water (FEW) impacts of national actions, in particular fruit and vegetable import substitution. This substitution trend has become popular in thinking, discourses, and action (based on health, environmental, and local employment concerns), such as the consumption of local (zero-kilometre) and in-season products, especially in affluent regions.. Additionally, security concerns related to availability of food, energy, and water (and now health equipment due to the COVID-19 crisis) are increasingly present on the agenda at a wider scale.

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Our study allows us to conclude that decisions regarding the local and seasonal consumption of fruits and vegetables by citizens in rich regions of the global economy, as in Spain, can lead to a conflict of objectives between the economic and social development in the poor regions of the world and the related environmental impacts. This highlights the complexity of communicating a clear message to consumers in rich regions that would allow them to make consumption decisions that support the achievement of balanced global sustainability and the sustainable development objectives of poor regions on the planet.

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The trade in fruits and vegetables between Spain and other developing countries creates relevant negative environmental hotspots, as the imports from these countries are often more carbon- and water-intensive: The rest of Africa (e.g., Morocco, Cameroon, Senegal,

694 Tunisia, and Cote d'Ivoire) for water and the rest of Latin America and Brazil for carbon.  
695 For the imports from Africa, the most significant volumes consist of in-season vegetables,  
696 as they mostly originate in the north of the continent, which shares the same season as the  
697 Iberian Peninsula. Nevertheless, these imports are problematic due to their requirements  
698 of large amounts of scarce blue water but at the same time, that they generate the most  
699 jobs by means of imports. On the other hand, most of the imports from South America  
700 into Spain consist of out-of-season fruits that result in a significant increase in CO<sub>2</sub>e  
701 emissions along with a relative decrease in scarce blue water use and a rise in net  
702 employment. For all of these imports, a focus on environmental objectives would lead to  
703 advising against their consumption in favour of using domestic produce in Spain, as they  
704 present environmental synergies. However, they show a strong conflict in terms of  
705 employment reductions. By considering all factors, we should instead provide  
706 information about some negative social effects compared to the other effects and suggest  
707 a reduction in their consumption.

708 Whenever employment in developing countries is considered as an argument, together  
709 with in-season and proximity consumption, it becomes an increasingly complex task to  
710 draft clear patterns to guide decision-making by consumers. Local produce reduces  
711 imports and impairs development in developing regions. Their high direct employment  
712 intensity in agriculture, which is partly due to subemployment, implies vast job losses if  
713 imports from these countries are replaced by local or domestic production. The trade-off  
714 between improving the environment and creating jobs in emerging countries should cause  
715 us to consider alternatives to measure both types of impacts simultaneously. Most existing  
716 certification and labelling processes (e.g., "fair trade", "carbon footprint", "recycled", and  
717 "no plastic use") focus on separately identifying how adequate those products are in either  
718 social or environmental terms. Our results suggest that we should search for certification  
719 systems that jointly consider the appropriate social, economic, and environmental  
720 development factors.

721 From the perspective of Spanish trade policy with developing countries, this would entail  
722 establishing trade agreements with countries that generate important environmental  
723 impacts under the conditions of cultivation technology transfer that saves water and  
724 reduces carbon emissions in those regions to reduce environmental pressure while  
725 sustaining local economies. Other solutions that advocate taxing products from  
726 developing countries to include the negative externalities into their prices through  
727 embodied carbon or water taxes should also consider the lower level of development in  
728 these countries as well as the job concentrations in agriculture. In this sense, the income  
729 from those taxes should be returned to these countries by means of a Clean Development  
730 Mechanism or as technology transfers that reduce resource use and reduce energy  
731 intensity.

732 As a collateral benefit of our analysis, we find that footprint calculations can also be used  
733 to evaluate the impacts of developing countries on achieving the SDGs in the poorest  
734 regions of the world. This must start by quantifying the consumption weights of the  
735 developed countries in terms of employment, value-added, carbon or water in the  
736 developing countries. By using this information, rather than by focusing on the absolute  
737 levels of those variables, incentives should be more precisely directed to reduce the

738 carbon and water intensities of exports and to increase job quality, i.e., with higher wages  
739 per new job.

740 Another path to evaluate how the import of fruits and vegetables from developing  
741 countries can improve social sustainability in the origin countries, without undermining  
742 family welfare in rich countries and their substitution via price elasticity, would involve  
743 calculating the degree to which the wages in the developing countries could increase, so  
744 that imports would have the same price per unit as the domestically produced produce. In  
745 practice, this calculation is akin to a substitution in terms of quantity rather than value, as  
746 in this study, as it guarantees the same price for domestic and imported produce.

747 The Spanish trade in fruits and vegetables with developed countries also creates some  
748 positive environmental hotspots, as some imports reduce both CO<sub>2</sub> emissions and the use  
749 of scarce blue water, namely, France, and Portugal. The environmental synergies and few  
750 social trade-offs characterise this trade due to the similarity in employment coefficients  
751 and the cleaner and more efficient production processes in these countries. For instance,  
752 for the case of imports from France, these imports are mostly in-season (followed by out-  
753 of-season) vegetables, and they generate significant CO<sub>2</sub> and scarce blue water savings  
754 while barely reducing jobs. In such cases, appropriate environmental certifications for  
755 imported products that inform consumers about the water and carbon footprints, when  
756 compared to alternative Spanish produce, would inform consumers about the benefits of  
757 these imports. In contrast, for the imports from developing countries, the social (job)  
758 impacts are less extreme, while the environmental effects, especially water rather than  
759 carbon, are more relevant. For this reason, when promoting local and seasonal  
760 consumption, environmental considerations are more important than job creation or local  
761 and regional integration. Consequently, imports should include a positive environmental  
762 certification rather than a job-based certification.

763 The obtained positive or negative FEW synergies provide a tentative result to guide  
764 policies with great development and mitigation potential, and they should be understood  
765 as an early approximation to orient further studies. The accuracy of the results would  
766 benefit from a lower level of disaggregation of the environmental coefficients for  
767 different fruits and vegetables. By working with agricultural products, the results would  
768 also improve with seasonalized production coefficients for the products, since they are  
769 not expected to be similar if production conditions change throughout the year in terms  
770 of the water and temperature conditions. This is also the case for the production  
771 coefficients, which could be determined in detail by using specific regional  
772 characteristics, since national borders cannot be incorporated into the climate conditions  
773 for agricultural produce.

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