

1 A physiological approach to study the competition ability of the
2 grassland species *Trifolium pratense* and *Agrostis capillaris*

3 Jon Miranda-Apodaca^{a,*}, Amaia Mena-Petite^b, Maite Lacuesta^b, Alberto
4 Muñoz-Rueda^a, Usue Pérez-López^a

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6 * Corresponding author: Jon Miranda-Apodaca: jon.miranda@ehu.eus

7 ^a Departamento de Biología Vegetal y Ecología, Facultad de Ciencia y
8 Tecnología, Universidad del País Vasco, UPV/EHU, Apdo. 644, E-48080 Bilbao, Spain

9 ^b Departamento de Biología Vegetal y Ecología, Facultad de Farmacia,
10 Universidad del País Vasco, UPV/EHU, Pº de la Universidad 7, 01006 Vitoria-Gasteiz,
11 Spain

12 13 Summary

14 The response of plant species to external factors depends partly on the interaction
15 with the environment and with the other species that coexist in the same ecosystem.
16 Several studies have investigated the main traits that determine the competitive capacity
17 of plant species, and although the relevance of the traits is not clear, traits both from
18 belowground and aboveground have been observed. In this paper, we grew *Trifolium*
19 *pratense* and *Agrostis capillaris* in intra- and interspecific competition, analyzing the
20 photosynthetic metabolism and nitrogen uptake, among other variables. The results
21 indicated that *T. pratense* possesses better competition ability due to the higher
22 competitive performance for soil resources compared to *A. capillaris*, explained by a
23 higher root biomass and a higher nitrogen uptake rate in the former than in the latter.

24 **These traits** permitted *T. pratense* to show higher photosynthetic rate than *A. capillaris*
25 when both species were grown in mixture. Furthermore, the interspecific competition
26 provoked *A. capillaris* to activate its antioxidant metabolism, through SOD activity, to
27 detoxify the reactive oxygen species generated due to its lower capacity for using the
28 photochemical energy absorbed. In this experiment, we conclude that the
29 competitiveness seems to be more related with soil resources competition than with
30 light competition, and that the photosynthetic rate decline in *A. capillaris* is more a
31 secondary effect as a consequence of nitrogen limitation.

32

33 Keywords: *Agrostis capillaris*, competition, grasslands, nitrogen uptake,
34 photosynthesis, *Trifolium pratense*.

35 **1. Introduction**

36 In natural ecosystems, plants coexist with other plants of the same and different
37 species. This coexistence involves competition between them for the available resources
38 such as water, nutrients or light (Van der Werf et al., 1993; Warwick et al., 1998);
39 therefore, competition could be localized aboveground and belowground.

40 Aboveground competition mainly consists of light competition. Plant architecture
41 is an important trait that determines plants capacity for light uptake, so the ability of a
42 plant to place foliage in upper, well-lit canopy layers should be an important structural
43 trait contributing to competitive ability (Barnes et al., 1990 and literature therein). Pierik
44 et al. (2013) and Ye et al. (2019) claimed that stem elongation is one of the mechanisms
45 that plants exhibit to outcompete other species, avoiding shade or even prevailing over
46 the other species. Species shadowed by taller or dominant species usually show a

47 change in leaf chlorophyll content with a trend to decrease chlorophyll *a/b* ratio and to
48 show lower photosynthetic rates (Lichtenthaler et al., 2007).

49 If a reduction in photosynthetic capacity is not accompanied by a decrease in
50 energy absorption through decreases in pigment composition and/or fluorescence
51 emission, ROS formation could occur. Moreover, if the plant does not induce its
52 antioxidant metabolism to cope with the aforementioned oxidative burst, even higher
53 growth suppression could be observed (Matsubara et al., 2016).

54 Regarding belowground competition, the presence of multiple plants in a given
55 volume of soil can induce nutrient stress in a given plant as neighboring plants acquire
56 limiting resources (Craine and Dybzinski, 2013). These authors stated that plants do not
57 outcompete others by reducing the concentration of resources in the environment, but
58 instead by pre-empting the resource supplies from coming in contact with other species,
59 according to the pre-emption hypothesis. Various studies determined that, in
60 competition, the nutrient acquisition is proportional to the root length density of
61 different individuals (Reich et al., 2003; Raynaud and Leadley, 2004; Craine et al.,
62 2005).

63 In a review, Wilson (1988) reported that, in general, belowground resources
64 competition had a greater effect than aboveground resources competition being water
65 and nutrients the main factors involved. Wilson (1988) also stated that the relative
66 importance of root competition increases with time, though in some situations the
67 reverse may be true, and competitive imbalance is often greater at higher resource
68 levels.

69 Additionally, Kiær et al (2013) in a meta-analysis stated that despite large
70 variation among experiments, the effects of root competition are generally stronger than

71 shoot competition, and whereas root competition may be the primary limitation on mean
72 plant performance, shoot competition will modify this influence and may determine
73 which individuals or species dominate.

74 Although the literature is limited, from these studies we can conclude that there is
75 no consensus either on plant traits that are best to compete for resources or on the
76 physiological mechanisms that rely on this ability. Nevertheless, what is clear is that
77 both the constitutive traits of the species and their plasticity are important to compete
78 for light and nutrients (Díaz et al., 2013; Pierik et al., 2013).

79 One of the main ecosystems where plant competition plays a key role is
80 grasslands, where a competitive advantage of one species over another would imply
81 changes in the biomass structure of the ecosystem and this shift in species or functional
82 groups could imply changes in forage quality (Odriozola et al., 2014). Additionally,
83 grasslands represent approximately 25% of land cover (FAO, 2010) being one of the
84 largest ecosystems. The study was done in two grassland species, *Trifolium pratense*
85 and *Agrostis capillaris*. In a previous work we already analyzed how these two species
86 will address future climatic conditions when grown in intraspecific competition
87 (Miranda-Apodaca et al., 2018a), but so far no studies have been done analyzing the
88 interspecific competition ability of these two species when grown together. In works
89 done with similar species (clovers) and (ryegrass) in competition, Lucero et al. (1999)
90 and Munoz and Weaver (1999) observed that the higher ability of belowground
91 nutrients uptake of the grass due to its higher root biomass provided an advantage over
92 the clover in biomass production. Zhang et al. (2008) in an experiment with *Trifolium*
93 *pratense* and *Festuca rubra* detected that in mixture the light competition was decisive
94 to determine the photosynthetic capacity and biomass production.

95 With all this in mind, the objectives of this work were: (1) to examine the
96 dynamic of each species regarding above and belowground traits when they grow in
97 intraspecific competition; (2) to study the competition ability of the two species,
98 analyzing the plasticity of the traits that make one species to be more competitive than
99 the other and the physiological mechanisms that rely on this plasticity and; (3) to
100 evaluate if oxidative metabolism is induced in this situation as a consequence of a
101 reduction in photosynthesis in competition.

102

103 **2. Materials and Methods**

104 **Plant material and experimental design**

105 Seedlings of two grassland species, *Agrostis capillaris* L. (Ac; grass) and *Trifolium*
106 *pratense* L. (Tp; legume), were grown in a mixture of peat/vermiculite (1/1 v/v) in 6 L
107 pots. This study is focused on nutrients competition rather than in water competition, so
108 plants were watered reaching field capacity. Pots were watered every other day with
109 deionized water for 4 days till the plants germinated. From here, and for the whole
110 experiment that lasted 37 days, seedlings were watered two days a week with 250 mL of
111 Hoagland's solution and plants were also watered with deionized water between each
112 application of Hoagland's solution to reach field capacity. The nutrient solution
113 contained 6 mM KNO₃, 4mM Ca(NO₃)₂, 1mM NH₄H₂PO₄, 2mM MgSO₄, 9 μM MnCl₂,
114 46 μM H₃BO₃, 0.8 μM ZnSO₄, 0.3 μM CuSO₄, 0.1 μM Na₂MoO₄ and 0.01 g l⁻¹ Fe
115 chelate (LibFer SP, Allied Colloids) with the pH adjusted to 5.5. The nutrient solution
116 was made up from deionized water. Fourteen days after sowing, the twelve more
117 uniform plants were selected, reaching a final density of 315 plant m⁻². The plants were

118 grown in two conditions of competition: monoculture (intraspecific competition) and
119 mixture (intra- and interspecific competition). In monoculture, all the plants in each pot
120 were from the same species, whereas in mixture, 6 plants per species were equally
121 distributed.

122 Plants were grown in a Conviron PGR15 controlled environment growth chamber
123 (Conviron, Manitoba, Canada) with a daily 14 h light regimen, an average day/night
124 temperature of 24/20 °C and a relative day/night humidity of 70/80%. During the light
125 period, the photosynthetic photon flux density in the chamber was 400 $\mu\text{mol m}^{-2} \text{s}^{-1}$.
126 Light was provided by a combination of incandescent bulbs and warm-white fluorescent
127 lamps. To minimize the intra-chamber effects, plants were randomly repositioned
128 within the chamber each week.

129 **Photosynthesis and related parameters**

130 Gas exchange parameters

131 The determination of gas exchange parameters was performed by the gas analyzer
132 in the infrared (IRGA) in open system Li-6400 (Li-Cor Inc., Lincoln, NE, USA).
133 Measurements were performed 3 h after dawn with a cuvette at a stable temperature of
134 24 °C and a relative humidity of 60% (Miranda-Apodaca et al., 2018b). The
135 photosynthetic photon flux density was 400 $\mu\text{mol m}^{-2} \text{s}^{-1}$, provided by a red/blue LED
136 light source (model Li 6400-02B, Li-Cor Inc.). The CO₂ concentration of the cuvette
137 was the same as in the growth conditions, 400 $\mu\text{mol mol}^{-1}$. The measurement record was
138 made when the equilibrium of water and CO₂ exchange (steady state) was reached, a
139 condition that was obtained after 15 minutes. CO₂ assimilation rate (*A*), stomatal
140 conductance (*g_s*), intercellular CO₂ concentration (*C_i*) and the instantaneous

141 transpiration rate (E) were determined according to the method of von Caemmerer and
142 Farquhar (1981).

143 Chlorophyll a fluorescence determination

144 Chlorophyll a fluorescence was determined using the open gas exchange system,
145 Li-6400 (Li-Cor Inc., Lincoln, NE, USA), with an integrated fluorescence chamber head
146 (Li-6400-40; Li-Cor Inc.). Measurements were made before dawn and the leaves were
147 exposed to different light pulses as described in Miranda-Apodaca et al. (2015),
148 measuring the photochemical efficiency of PSII in light-adapted leaves (F_v'/F_m'), the
149 photochemical quenching (qP), the non-photochemical quenching (NPQ) and the
150 electron transport rate (ETR) as Genty et al. (1989).

151 Photosynthetic pigments determination

152 Chlorophylls and carotenoids were extracted in dimethylsulfoxide (DMSO) as
153 Barnes et al. (1992). The samples were incubated in 2 mL of DMSO for 2 h in the dark,
154 in an oven at 80 °C. Subsequently, the absorbance was measured at 665, 649 and 480
155 nm. The quantification was made following the formulas of Wellburn (1994).

156 **Growth and nitrogen uptake determination**

157 Growth analysis

158 Plant biomass was measured 28 days after sowing (DAS) and 37 DAS. The plants
159 were harvested and the different plant organs (leaves, stems and roots) were separated
160 and weighted to determine the fresh weight (FW). Besides, leaf area was determined
161 using Winfolia software (Regent Instruments Inc., Canada) associated to a scanner
162 (Epson expression 10000 XL). Afterwards, the samples were dried at 70 °C for 48 h,
163 and their dry weight (DW) was determined.

164 To determine competitiveness of the species, the *relative neighbour effect (RNE)*
165 was calculated (Markham and Chanway, 1996): $RNE = (B_{mono} - B_{mix})/X$; where, B
166 stands for biomass in monoculture and in mixture and X is B_{mono} when B_{mono} is
167 greater than $B_{mixture}$ and X is $B_{mixture}$ when $B_{mixture}$ is greater than B_{mono} .

168 Nitrogen uptake

169 Nitrogen content (N) was determined in dry and ground pooled samples of leaf,
170 stem and root (2 mg DW for each organ) from each experiment, using an elemental
171 analyzer (FlashEA 1112; ThermoFinnigan, Germany). The whole plant nitrogen uptake
172 (NU) was calculated multiplying N concentration of each organ by plant biomass of
173 each organ as proposed by Subedi and Ma (2005).

174 The nitrogen uptake rate (NUR) was calculated based on equations described by
175 Franklin and Zwiazek (2004). The NUR was calculated as:
176 $[(N_{tot2} - N_{tot1}) \times (\ln(Wr2/Wr1))]/[(T2 - T1) \times (Wr2 - Wr1)]$; where N_{tot} was the average
177 content of N per plant (mg) at $T1=28$ days (N_{tot1}) and at $T2=37$ days (N_{tot2}); and Wr
178 was the mean root dry weight (g) at day 28 ($Wr1$) and day 37 ($Wr2$).

179 Total soluble proteins were extracted as proposed by Pérez-López et al. (2015),
180 and measured by the method of Bradford (1976).

181 **Antioxidant metabolism**

182 Superoxide dismutase (SOD; EC 1.15.1.1) activity determination

183 SOD enzyme was extracted according to McCord and Fridovich (1969) with some
184 modifications proposed by Pérez-López et al. (2009). SOD activity was assayed by the
185 ferricytochrome-c reduction spectrophotometric test, using xanthine/xanthine oxidase as
186 the source of superoxide. The reaction mixture (280 μ L) contained 50mM potassium

187 phosphate (pH 7.8), 0.1mM EDTA, 1 mM cytochrome-c (cyt-c) and 1 mM xanthine.
188 Then, 10 μ L of xanthine oxidase (XOD) was added to the reaction mixture and the
189 reduction rate of cyt-c in the absence of supernatant was monitored at 550 nm. This
190 value was circa $0.025 \Delta\text{Abs}_{550} \text{ min}^{-1}$ and served as a control (Pc). Later, 10 μ L of XOD
191 and 10 μ L of the extract were added to the reaction mixture and the reduction rate of
192 cyt-c was monitored at 550 nm (Ps). One unit of SOD (U) was defined as the amount of
193 enzyme that inhibited the rate of cyt-c reduction by 50%. The inhibition was calculated
194 by the following formula: $100 \times ((\text{Pc}-\text{Ps})/\text{Pc})$.

195 Lipid peroxidation determination

196 Lipid peroxidation was determined by measuring malondialdehyde (Mda) formed
197 using the thiobarbituric acid method as described by Buege and Aust (1978) with some
198 modifications by Hodges et al. (1999).

199 **Statistical analysis**

200 Results are reported of four experiments. In each experiment, we measured at
201 least three different replicates (plants). Each of the measured physiological parameters
202 remained statistically similar between the four independent experiments; therefore, we
203 pooled the measurements from the four experiments. Data analyses were performed
204 using the SPSS 23.0 software package (Chicago, IL). Two-way analysis of variance
205 (ANOVA) was used to evaluate the main effects of species and competition and their
206 interaction. Means were compared using Duncan's multiple range test. P-values ≤ 0.05
207 were considered statistically significant. Prior to analyses, we tested whether the
208 assumptions of an ANOVA, homogeneity of variances and normally distributed
209 residuals were achieved. The homogeneity of variances for all the studied parameters
210 was evaluated by Levene's test and the distribution of the residuals was assessed by

211 Kolmogorov–Smirnov test. When necessary, transformation was applied before
212 statistical analysis was performed.

213

214 **3. Results**

215 **Gas exchange parameters**

216 In monoculture, CO₂ assimilation rate (*A*) was 37% higher in *Trifolium pratense*
217 (Tp) than in *Agrostis capillaris* (Ac), 17 vs 12.5 μmol CO₂ m⁻² s⁻¹. In mixture this
218 difference was higher, reaching up to 80% (Fig. 1A), because the interspecific
219 competition provoked a decrease of 25% in *A* in Ac plants whereas it did not change in
220 Tp. Stomatal conductance (*g_s*) was also higher in Tp (0.43 mol H₂O m⁻² s⁻¹) than in Ac,
221 74% in monoculture and 130% in mixture (Fig. 1B). The interspecific competition
222 decreased *g_s* in Ac by 20%. There were no differences in intercellular CO₂
223 concentrations (*C_i*) either between species or between types of competition (Fig. 1C).
224 The instantaneous transpiration rate (*E*) was 44% higher in Tp than in Ac in
225 monoculture (Fig. 1D). The interspecific competition decreased *E* by 10% in Ac,
226 although the decrease was not statistically significant.

227 **Photosynthetic pigments**

228 The concentration of chlorophyll *a*, *b* and carotenoids were higher in Tp than in
229 Ac, 48%, 38% and 69%, respectively (Fig. 2A-C). The interspecific competition did not
230 alter the pigments concentration in any species. The chlorophyll *a/b* ratio was neither
231 modified in any treatment (Fig. 2D).

232 **Chlorophyll *a* fluorescence**

233 The values of Fv'/Fm' , qP and ETR of Tp were higher than the ones of Ac, *circa*
234 15%, 40% and 30%, respectively (Fig. 3A-C). In the case of Fv'/Fm' , the type of
235 competition did not provoke any difference in any species in this parameter. However,
236 in qP and ETR , the interspecific competition provoked a decrease of around 25% in
237 these variables in Ac, while in Tp no differences were detected. Conversely, NPQ was
238 higher in Ac than in Tp, 74% in monoculture and 113% in mixture (Fig. 3D).

239 **Growth analysis**

240 Total leaf area in monoculture was higher in Tp (335.4 cm² plant⁻¹) than in Ac
241 (120.9 cm² plant⁻¹) (Fig. 4A). However, the response of each species under mixture
242 compared to monoculture was the opposite. Tp, increased total leaf area in mixture by
243 22%, whereas in Ac, it decreased by 65%. Regarding root biomass, we detected a
244 similar trend to the one observed for leaf area. Root biomass was higher in Tp than in
245 Ac, regardless of the type of competition (Fig. 4B). In mixture, Tp showed a 29%
246 higher root biomass than the one detected in monoculture, while Ac showed a 65%
247 lower root biomass.

248 Finally, these changes in each species' traits were traduced in different **relative**
249 **neighbour effect (RNE)** which indicates the competitive capacity of each species (Fig.
250 4C). When plants grew together in mixture, the interspecific competition turned out
251 facilitation for Tp (because **RNE** value was negative) and competition for Ac (because
252 **RNE** value was positive).

253 **Nitrogen uptake and protein concentration**

254 The total nitrogen uptake (NU) of Tp in monoculture was 39.6 mg N plant⁻¹, while
255 in Ac was 15.4 mg N plant⁻¹, around 60% lower. In mixture the differences were much
256 greater, increasing in the case of Tp by 44% and decreasing in Ac by 79% (Fig. 5A). If
257 we express the nitrogen uptake per unit of root biomass (nitrogen uptake rate; NUR),
258 the differences between species were smaller and, in monoculture, the NUR of Ac was
259 even 55% higher than the one of Tp (Fig. 5B). However, in mixture, when both species
260 compete for the same soil resources, the NUR of Tp was twice of the one of Ac, caused
261 by an increase in Tp and a decrease in Ac compared to plants grown in monoculture.

262 Protein concentration was 10% higher in Tp (275 mg g⁻¹ DW) than in Ac (250 mg
263 g⁻¹ DW) in monoculture (Fig. 5C). The interspecific competition increased the protein
264 concentration in Tp by 10%, but in the case of Ac, it decreased protein concentration by
265 17%, to 210 mg g⁻¹ DW.

266 **Antioxidant metabolism**

267 Both species showed a similar superoxide dismutase (SOD) activity in
268 monoculture (Fig. 6A), *circa* 65 U mg⁻¹ prot. The interspecific competition provoked an
269 increase of 32% in Ac to 95 U mg⁻¹ prot, while in the case of Tp no differences were
270 detected. The lipid peroxidation, measured as malondialdehyde content, showed no
271 differences between species and competition treatments (Fig. 6B).

272

273 **4. Discussion**

274 **Differential traits between *Trifolium pratense* and *Agrostis capillaris***

275 The constitutive traits of a plant species determine the ability to be competitive
276 (Díaz et al., 2013). So, in this first section of the discussion we will analyze some
277 important above and belowground traits of *Trifolium pratense* and *Agrostis capillaris*.

278 Differences between species were detected in the photosynthetic metabolism. Tp
279 showed a higher A and g_s than Ac (Fig. 1A-B). However, the higher g_s was not
280 responsible to explain the higher A in Tp, as C_i was similar for both species (Fig. 1C);
281 i.e., for the same C_i Tp showed higher A than Ac. The lower values of A in Ac
282 compared to Tp could be provoked by a limitation in the light phase (photochemical
283 phase) and/or in the dark one (biochemical phase). Regarding the limitation in the light
284 phase, the concentration of pigments was lower in Ac than in Tp (Fig. 2A-C) and it
285 could provoke a smaller light absorption. Additionally, the photochemical efficiency
286 was lower in Ac than in Tp ($F_v'F_m'$, qP and ETR , Fig. 3A-C), showing that a smaller
287 fraction of electrons was derived to photochemical processes. Other authors also
288 detected a higher photochemical efficiency in one species over another that could be
289 related to competitive advantage permitting a higher photosynthetic capacity (Campoy
290 et al., 2019). Besides, we detected an increase in NPQ (Fig. 3D) which would indicate
291 that the energy of the photons was dissipated as heat. However, as the concentration of
292 carotenoids did not increase in Ac, the higher NPQ could be provoked by a higher VAZ
293 cycle activity (Müller et al., 2001), but without changing total carotenoids
294 concentration, as Abadía et al. (1999) also detected in barley.

295 The fact that Ac diverted part of the energy absorbed as heat could indicate that
296 the light requirement of Ac is lower than the one of Tp, and under $400 \mu\text{mol m}^{-2} \text{s}^{-1}$ light

297 intensity, Ac receives higher energy than the one it is able to use in photochemical
298 processes. This lower capacity to use the energy in photochemical processes could be
299 related to a lower Calvin cycle activity, as we have detected lower Rubisco activity in
300 these conditions (data not shown).

301 This lower *A* in Ac could explain the lower leaf area and root biomass (Fig. 4),
302 compared to Tp, since the lower *A* in Ac could imply lower carbohydrate availability to
303 perform growth. However, it is important to highlight that although root biomass was
304 lower in Ac than in Tp, the NUR was higher in Ac than in Tp (Fig. 5B). This fact
305 indicates that Ac, in monoculture, is able to compensate the lower root biomass with
306 higher uptake capacity of the root in order to maintain nitrogen uptake and provide the
307 plant with enough nitrogen to synthesize proteins (Fig. 5C). Evans (1977) detected
308 higher root hair length and higher percentage of roots with root hairs in Ac than in Tp,
309 which could explain, in part, the higher NUR since root hairs are responsible for
310 nutrient uptake.

311 **Competition effects and consequences in *Trifolium pratense* and *Agrostis*** 312 ***capillaris***

313 Besides analyzing the constitutive traits of each species, it is also important to
314 study their plasticity in order to adapt to the new environment where competition
315 between species for light and nutrients occurs (Pierik et al., 2013). When plants grew
316 together in mixture, the interspecific competition turned out facilitation for Tp (Fig. 4C)
317 and competition for Ac. Zhang et al. (2008) in a study with *Trifolium pratense* and
318 *Festuca rubra* detected that the interspecific competition also benefitted the legume;
319 however, Lucero et al. (1999) and Munoz and Weaver (1999) discovered the opposite
320 effect, being ryegrass benefitted from the competition with clovers. Looking for the

321 reasons for the dominance of one species over the other, we analyzed several key
322 processes of the metabolism of each species.

323 Competition between species did not affect the photosynthetic metabolism of Tp,
324 but it did in the case of Ac; where A was 25% lower in mixture than in monoculture
325 (Fig. 1A). Some authors have found that the lower A under interspecific competition is
326 due to a shading effect provoked by dominant species by being taller or with more leaf
327 area (Lichtenthaler et al., 2007). Usually, plants growing in these conditions tend to
328 develop the so-called shade leaves and, remarkably, the chlorophyll a/b ratio decreases
329 by a higher invest in the antenna system to increase the light harvest (Lichtenthaler et
330 al., 2007). However, we think that the decrease in A in Ac was not caused by a shading
331 effect, as the chlorophyll a/b ratio was not modified (Fig. 2D). Furthermore, neither g_s
332 nor C_i were altered, so stomatal limitation should be also discarded (Fig. 1B-C). In
333 contrast, a decrease in qP and ETR were detected (Fig. 3B-C). The electron transport is,
334 partly, dependent on protein concentration in the thylakoids since electron transport is
335 carried among different proteins (Taiz and Zeiger, 2014). So, the decrease of the
336 aforementioned parameters could be related to the lower protein concentration in
337 mixture than in monoculture of Ac (Fig. 5C); Campoy et al. (2019) related
338 photochemical efficiency with nutritional status. Specifically, the association of lower
339 protein concentration and decreases in qP and ETR was also detected by Lu et al. (2001)
340 and Kumagai et al. (2007) in other *Poaceae* species such as wheat and maize, and rice
341 plants, respectively.

342 The reason to explain the lower protein content could lie on a decreased capacity
343 for nitrogen uptake in Ac in mixture compared to the one detected in monoculture (Fig.
344 5A). Hu et al. (2015) also detected a smaller nitrogen concentration in trembling aspen

345 and white spruce caused by a lower uptake when these plants grew in competition with
346 *Hordeum jubatum* compared to plants grown in monoculture. In several studies it has
347 been demonstrated that the mineral uptake depends on root biomass (Shinano et al.,
348 2007). Tp showed greater root biomass than Ac (0.164 g DW plant⁻¹ vs 0.012 g DW
349 plant⁻¹), which would lead Tp to increase soil exploration and to increase soil resources
350 uptake (Aerts et al., 1991; Lucero et al., 1999; Acciaresi and Guiamet, 2010), while in
351 the case of Ac, the opposite response would occur. Craine et al. (2005) showed that the
352 plant that possessed higher root biomass displaced competitors, capturing the largest
353 proportion of the nutrient supply by ensuring nutrients contact its roots before those of a
354 competitor.

355 However, mineral uptake capacity not only depends on root biomass, as it was
356 demonstrated by Caldwell et al. (1985). If we eliminate the effect of the higher root
357 biomass using the nitrogen uptake rate, *i.e.* per unit of root biomass, NUR was still
358 higher in mixture than in monoculture in the case of Tp and the opposite was true for
359 Ac, being the values lower in mixture than in monoculture (Fig. 5B). Some authors have
360 detected that higher photosynthesis could lead to greater energy available, on one hand,
361 to increase mineral uptake (BassiriRad et al., 1996; Pérez-López et al., 2014) and, on
362 the other hand, to prevent the nutrient uptake of the other species following the pre-
363 empty theory (Craine et al., 2005; McNickle et al., 2013). In this case, the NUR of Tp in
364 mixture was higher than the one of Ac in mixture, because in Ac, the interspecific
365 competition provoked a decrease in NUR. Therefore, according to the data, initially the
366 higher root biomass of Tp would provoke a decrease in the competitive ability of Ac to
367 uptake minerals, leading to a decrease in proteins as aforementioned and, ultimately, a
368 decline in A in Ac in mixture as a secondary effect. As time goes by, the decrease of A

369 would imply a lower energy availability for mineral uptake, reducing even more the
370 mineral uptake capacity, as it was detected in NUR, where the effect of root biomass is
371 removed.

372 The decrease in proteins (Fig. 5C) could lead to a smaller amount of proteins
373 related to energy transport processes and Calvin cycle activity, complicating the correct
374 transduction of energy in the photosystems (Pao et al., 2019). The lower proportion of
375 electrons derived to photochemical processes could imply a lower NADPH and ATP
376 synthesis, diminishing the Calvin cycle activity and, therefore, photosynthesis.

377 As we have stated, as a result of this competition for **nitrogen** uptake between
378 species, we observed a decrease of photosynthetic rate in Ac. This lower *A* in Ac in
379 mixture could imply an imbalance between energy absorbed and energy used. The
380 chlorophyll *a+b* levels were not altered between monoculture and mixture (Fig. 2A-B),
381 so the energy absorbed would be similar to the one in monoculture; besides, we detected
382 lower values of *qP* and *ETR* (Fig. 3B-C) which could be related to a decrease in
383 photochemistry reactions since an increase in *NPQ* was not detected (Fig. 3D). All these
384 results could indicate an accumulation of energy in the chlorophylls (Krieger-Liszkay,
385 2005). In these conditions, the chlorophyll photoactivated would transfer its energy to
386 oxygen, generating singlet oxygen ($^1\text{O}_2$) (Sgherri and Pérez-López, 2013). $^1\text{O}_2$ is highly
387 reactive and the plant must detoxify as quickly as possible. There are two mechanisms,
388 on one hand the physical quenching and, on the other hand, the chemical quenching,
389 performed by lipophilic and hydrophilic antioxidants, respectively (Triantaphylidès and
390 Havaux, 2009). In some of the processes of $^1\text{O}_2$ quenching it has been detected a
391 superoxide radical ($\text{O}_2^{\cdot-}$) formation (Saito et al., 1981; Inoue et al., 1985). The higher
392 SOD activity detected in mixture than in monoculture in Ac (Fig. 6A) could support this

393 idea because the increase in SOD activity would permit the plant to detoxify O_2^- to
394 avoid membrane damage. Other studies have shown that SOD could even prevent
395 directly the deleterious action of singlet oxygen (Weser et al., 1975; Rao et al., 1988).
396 As no membrane damage was detected (Fig. 6B), it reinforces even more our idea.

397 Therefore, from our results, we can state that the competitiveness seems to be
398 related with soil resources competition rather than with light resources. However, Zhang
399 et al. (2008) in a study done in *Trifolium pratense* and *Festuca rubra* argued that light
400 competition determines the competitiveness in mixtures of grass and legumes when the
401 nitrogen supply is sufficient as in our experiment. The reason for this discrepancy could
402 lie on the experiment duration, as our experiment lasted 37 days and the one of Zhang et
403 al. (2008) lasted 60 days. Reekie and Bazzaz (1989) stated that the competitive
404 performance of plants in early stages of development is associated with competition for
405 soil resources, and later, when the canopy closes in, the competition for light becomes
406 the overriding factor determining competitive success. Following this model, our
407 experiment would be in early stage, as the main competitive advantage of Tp (related to
408 negative *RNE* value, Fig. 4C) seems to be associated with its higher nutrient uptake (*e.g.*
409 NUR) when grown in competition with Ac. It is also important to note that this
410 experiment was done under ample nutrient concentration. If the nutrient availability had
411 been lower, *T. pratense* could not have overgrown *A. capillaris* and the higher root hair
412 length and percentage of root with root hairs would have permitted *A. capillaris* to
413 obtain most of the nutrients. However, this idea should be tested in further research
414 studies.

415 In conclusion, due to the higher competitive performance of Tp for soil resources
416 –explained by a higher root biomass and higher NUR than Ac–, Tp showed higher

417 photosynthetic rate than Ac when both species were competing in mixture. Furthermore,
418 the interspecific competition provoked Ac to activate its antioxidant metabolism,
419 through SOD activity, to detoxify the reactive oxygen species generated due to its lower
420 capacity of use of the photochemical energy absorbed. In this experiment we show that
421 the competitiveness seems to be more related with soil resources competition than with
422 light competition and that the photosynthetic rate decline in Ac is more a secondary
423 effect as a consequence of nitrogen limitation.

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609

610 Legends for figures

611 Fig. 1. Scatter dot plot of the effect of competition on CO₂ assimilation rate (A,
612 $\mu\text{mol CO}_2 \text{ m}^{-2} \text{ s}^{-1}$, **A**), stomatal conductance (g_s , $\text{mol H}_2\text{O m}^{-2} \text{ s}^{-1}$, **B**), intercellular CO₂
613 concentration (C_i , $\mu\text{mol CO}_2 \text{ mol}^{-1} \text{ air}$, **C**) and instantaneous transpiration rate (E , mmol
614 $\text{H}_2\text{O m}^{-2} \text{ s}^{-1}$, **D**) of *Trifolium pratense* (Tp) and *Agrostis capillaris* (Ac) species grown in
615 monoculture (Mono) and mixture (Mix). Individual values of each treatment are
616 represented plus the mean as a line (circles, Tp Mono; squares, Tp Mix; triangles, Ac
617 Mono; inverted triangles, Ac Mix). The same letter above the individual values
618 indicates no significant differences between species and competition treatment.

619 Fig. 2. Scatter dot plot of the effect of competition on chlorophyll *a* (Chl *a*, mg g^{-1}
620 DW, **A**), chlorophyll *b* (Chl *b*, mg g^{-1} DW, **B**), carotenoid (Car, mg g^{-1} DW, **C**)
621 concentration and chlorophyll *a* to *b* ratio (Chl *a/b*, **D**) of *Trifolium pratense* (Tp) and
622 *Agrostis capillaris* (Ac) species grown in monoculture (Mono) and mixture (Mix).
623 Statistical analysis and notations as explained in Fig. 1.

624 Fig. 3. Scatter dot plot of the effect of competition on photochemical efficiency of
625 PSII in light-adapted leaves (F_v'/F_m' , **A**), photochemical quenching (qP , **B**), electron
626 transport rate (ETR , **C**) and non-photochemical quenching (NPQ , **D**) of *Trifolium*
627 *pratense* (Tp) and *Agrostis capillaris* (Ac) species grown in monoculture (Mono) and
628 mixture (Mix). Statistical analysis and notations as explained in Fig. 1.

629 Fig. 4. Scatter dot plot of the effect of competition on leaf area ($\text{cm}^2 \text{ plant}^{-1}$, **A**)
630 and root biomass (g DW plant^{-1} , **B**) of *Trifolium pratense* (Tp) and *Agrostis capillaris*
631 (Ac) species grown in monoculture (Mono) and mixture (Mix). Statistical analysis and
632 notations as explained in Fig. 1. Scatter dot plot of the **Relative Neighbour Effect (RNE,**

633 C) of *Trifolium pratense* (Tp, circles) and *Agrostis capillaris* (Ac, triangles). Statistical
634 analysis as explained in Fig. 1.

635 Fig. 5. Scatter dot plot of the effect of competition on nitrogen uptake (NU, mg N
636 plant⁻¹, **A**), nitrogen uptake rate (NUR, mg N g⁻¹ DW root day⁻¹, **B**) and proteins (mg g⁻¹
637 DW, **C**) of *Trifolium pratense* (Tp) and *Agrostis capillaris* (Ac) species grown in
638 monoculture (Mono) and mixture (Mix). Statistical analysis and notations as explained
639 in Fig. 1.

640 Fig. 6. Scatter dot plot of the effect of competition on superoxide dismutase
641 (SOD, U mg⁻¹ prot, **A**) and lipid peroxidation (Mda, μmol g⁻¹ DW, **B**) of *Trifolium*
642 *pratense* (Tp) and *Agrostis capillaris* (Ac) species grown in monoculture (Mono) and
643 mixture (Mix). Statistical analysis and notations as explained in Fig. 1.

Figure 1
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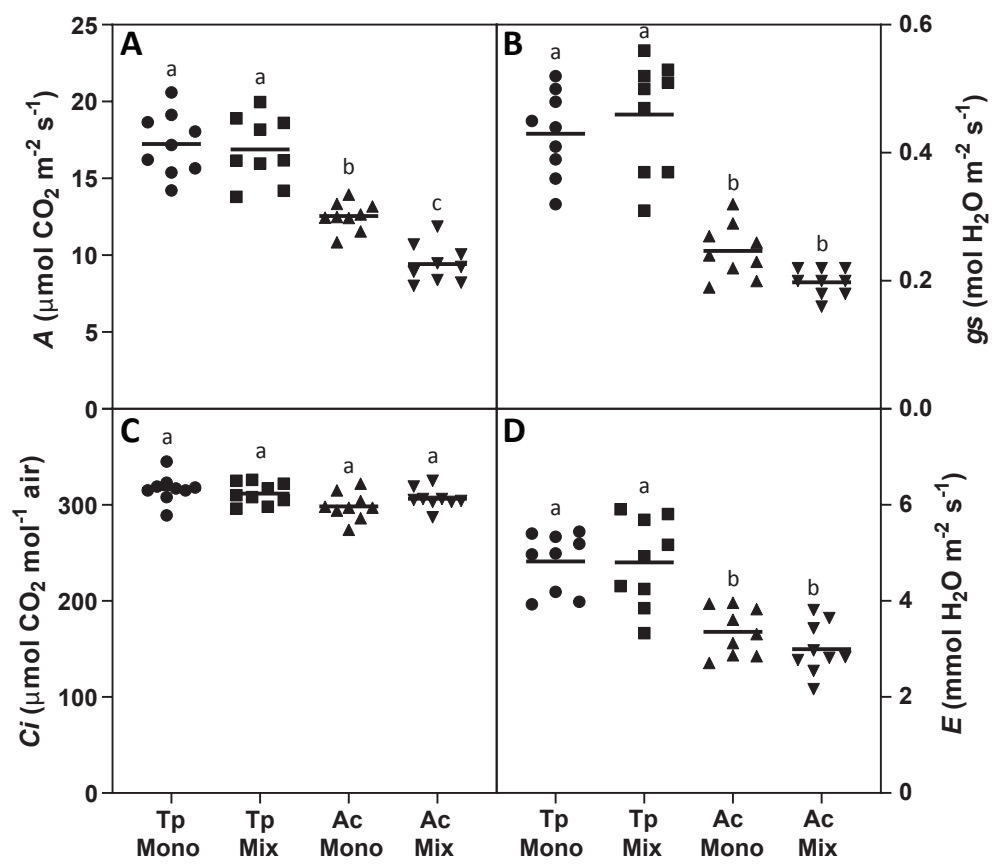


Figure 2
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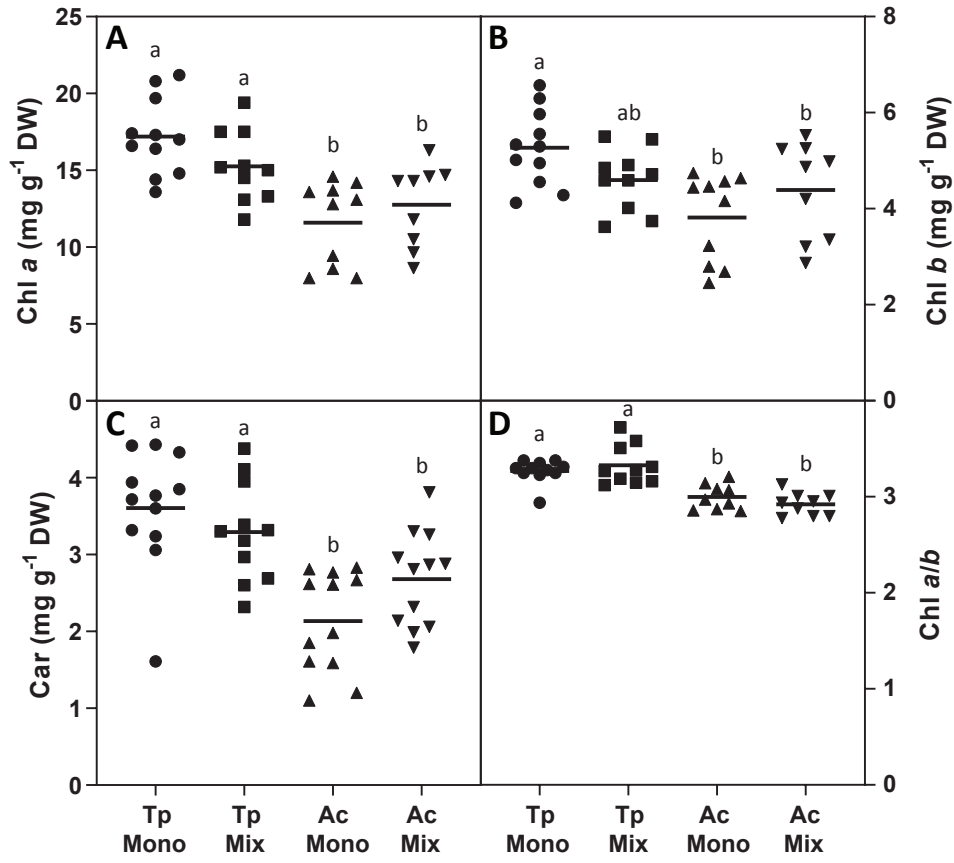


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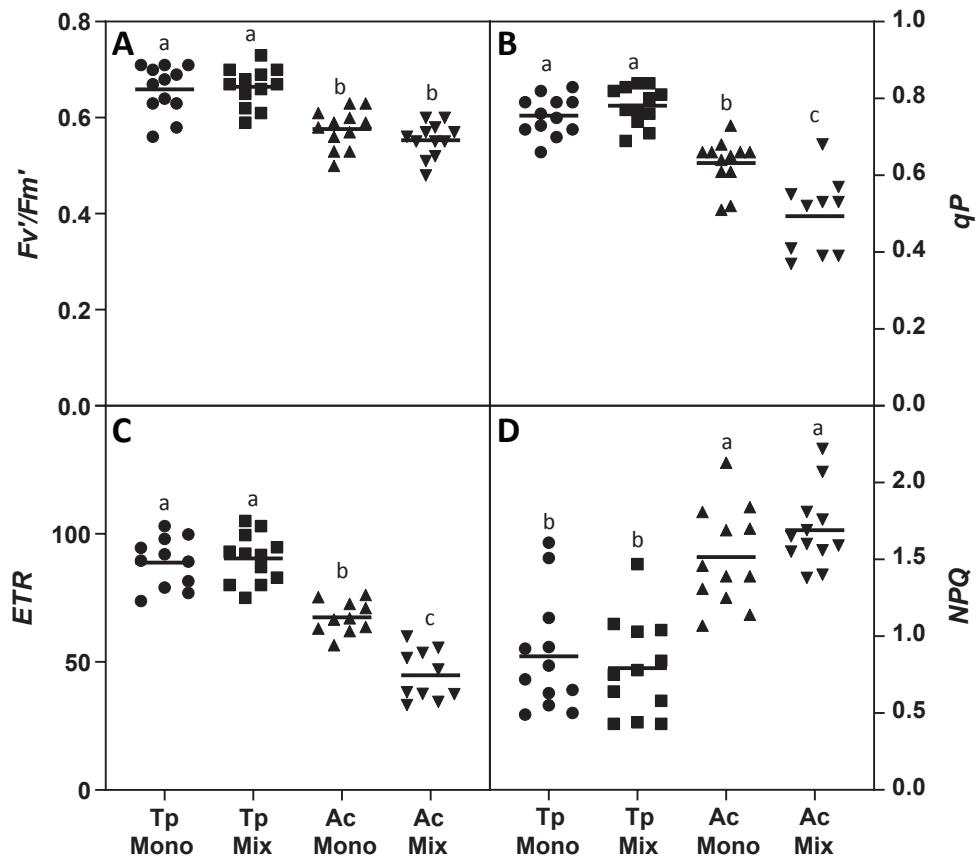


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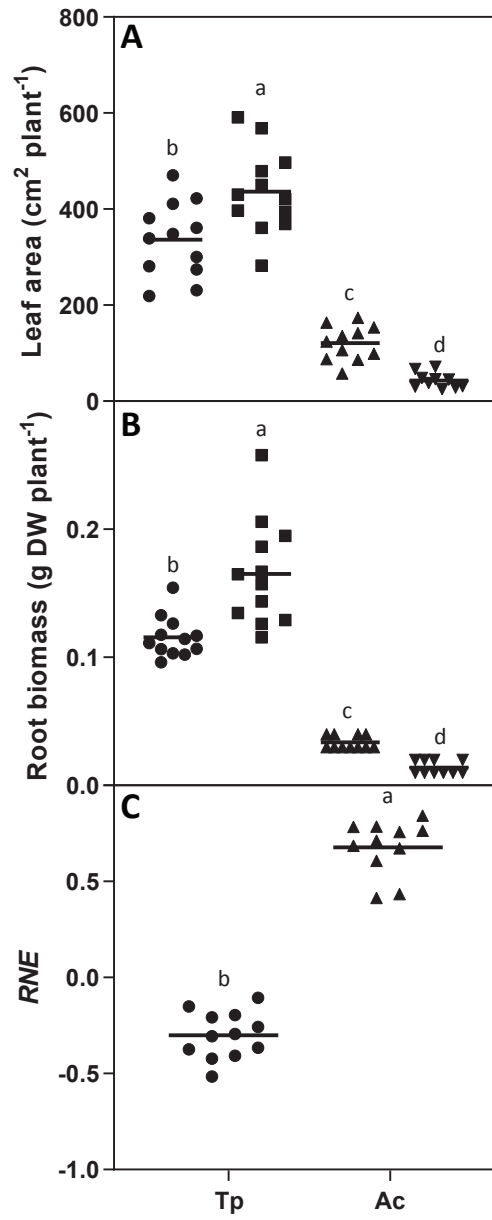


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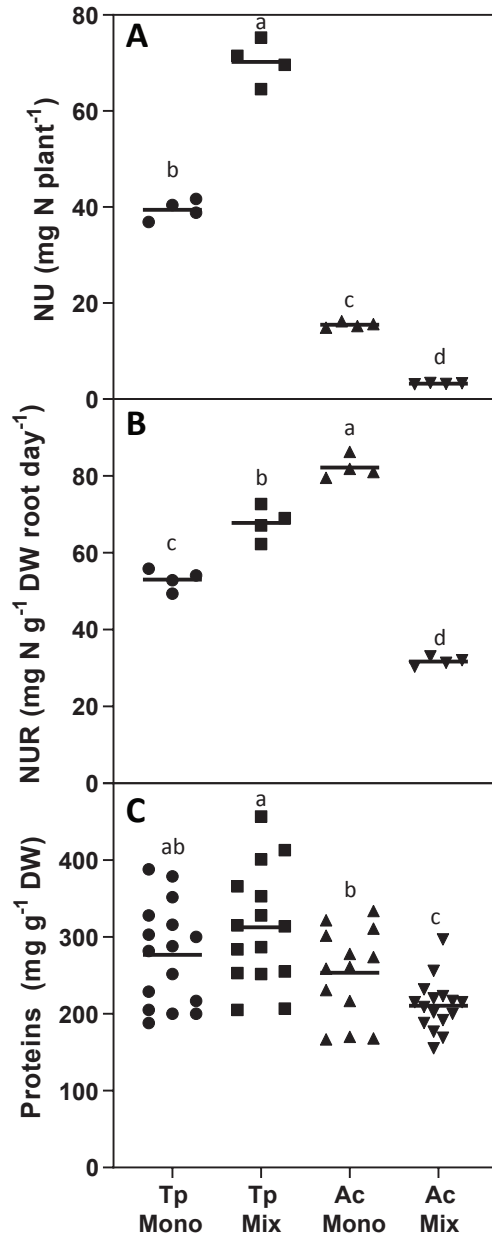
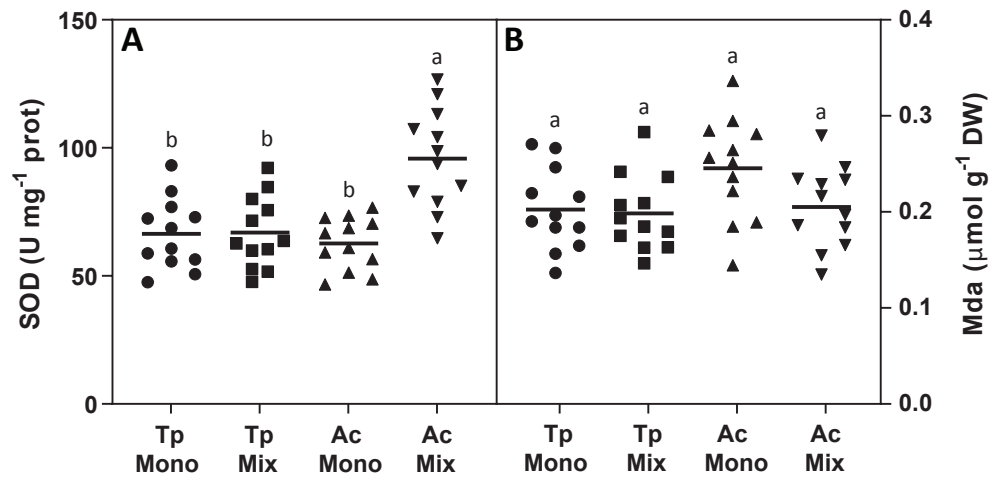


Figure 6
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Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

Credit Author Statement

J.M-A: Conceptualization, Methodology, Validation, Formal analysis, Investigation, Resources, Writing-Original Draft, Writing-Review & Editing, Visualization, Funding acquisition.

A.M-P: Methodology, Investigation, Writing-Review & Editing, Funding acquisition.

M.L: Writing-Review & Editing, Funding acquisition.

A.M-R: Conceptualization, Methodology, Investigation, Funding acquisition.

U.P-L: Conceptualization, Methodology, Investigation, Writing-Original Draft, Writing-Review & Editing, Supervision, Project administration, Funding acquisition.